Aetna Better Health® of Virginia
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Aetna Better Health® of Virginia

60-day Notice of Changes to Applied Behavior Analysis (ABA)
Effective January 1, 2027

Dear Provider:

We are reaching out to inform you of changes to Applied Behavior Analysis (ABA), as communicated to us by DMAS.

This notice serves as the 60-day notification of these changes. DMAS has let us know that they plan to issue a provider bulletin soon.

Effective January 1, 2027, ABA services will be limited to 20 hours per week. To receive ABA services, members must have a diagnosis of autism spectrum disorder (ASD), or, for children age 5 and younger, a provisional diagnosis of ASD. ESPDT reviews will continue to apply.

We encourage providers to begin working with members now to help them understand these changes and ensure treatment plans are updated as appropriate. Transition planning should also begin for members who may need to move to another service to support continuity of care.

For assistance with care coordination, contact **1-800-279-1878 (TTY: 711)** and request to be connected with Case Management.

Questions?

Contact Provider Services at **1-800-279-1878 (TTY: 711)**.

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