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Over The Counter Health Solutions (OTCHS) Item Catalog



Through Aetna Better Health of Texas, we are pleased to offer you all the benefits of your health plan. For the full list of medical services refer to your member handbook. Your doctor or clinic will act as the gateway to care for all your healthcare needs.

Get information 24 hours a day, 7 days a week on our website. You can find information and answers to many of your questions.

You can also call us, Monday to Friday, 8 AM to 5 PM
For help after hours and on weekends, just leave a voice message. We'll return your call on the next business day.



STAR

Bexar
1-800-248-7767 (TTY:711)

Tarrant
1-800-306-8612 (TTY:711)

CHIP / CHIP Perinate

Bexar
1-866-818-0959 (TTY:711)

Tarrant
1-800-245-5380 (TTY:711)

STAR Kids
Dallas and Tarrant
1-844-787-5437 (TTY:711)

Visit the website:



AetnaBetterHealth.com/Texas

Please keep this valuable booklet nearby. You'll need it to look up the OTC items you want to order. It also contains step-by-step instructions on how to order online, by phone or use your OTC benefits in store.





Call your children's doctor today and ask for Texas Health Steps checkup for each child.

During a Texas Health Steps medical or dental check up, the doctor or dentist will check for health problems you may not know about. These checkups can help catch health problems before they get worse and harder to treat. And in some cases, they can help prevent health issues before they start.

- Texas Health Steps gives your child free medical checkups starting at birth and free dental checkups starting at 6 months of age
- Babies need these checkups more often than that

It may be time for your annual checkup

Whether you already feel healthy or are managing a long-term condition, you should see your primary care physician (PCP) once a year. This is an important chance to connect with a doctor. And it is **available at no extra cost to you.**



Need help?

- Finding a doctor for your child's Texas Health Steps medical checkup
- Setting up a checkup for you
- Have questions about Texas Health Steps or checkups
- Need a case manager to help you find and get other services
- Need help getting a ride to a checkup

We can take your call Monday to Friday 8am to 5pm using the phone number on the back of your Aetna member ID card.

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Get the most out of your benefit using our mobile app! Simply download the OTCHS app from the App Store (iOS) or Google Play (Android), to get started. This app will allow you to process an order, view past orders, view account information, and more!



Three convenient ways to place an order.

#1 In Store:



Visit your nearest CVS Pharmacy® store.



Find approved items available through your plan's booklet. Only the items in this booklet are available to order.



Look for the blue labels that contain the OTCH indicator and SKU number.



Go to any register to checkout.



Walkthrough Video

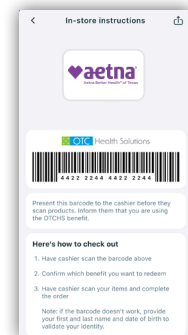
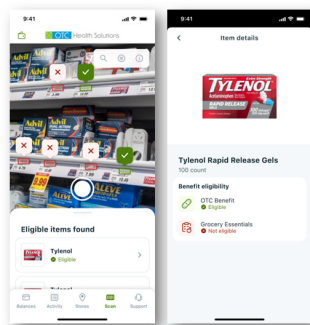
Scan the QR code below to watch a walkthrough video on how to checkout in store.



OTCHS Mobile App In Store Perks

Scan or enter the items' barcode to confirm if it is approved.

Show the cashier your digital barcode for faster check out.



-  • Approved
-  • Non-approved

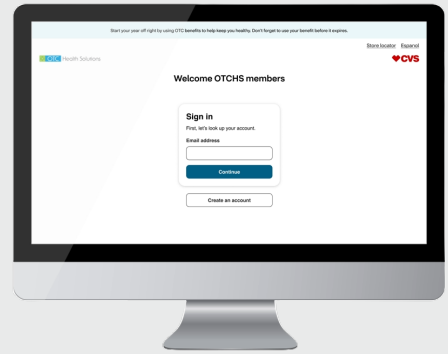
PLEASE NOTE: The regular retail price in the store may vary. For prices that apply when you use your OTC benefits, please consult this booklet. Booklet prices cannot be combined with promotional offers or ExtraBucks® Rewards.

#2 Online: <https://www.cvs.com/otchs/aetnatx>

First time placing an order online? You will need to create an account. If you share an email with a spouse or caregiver who also has an OTC account, you will only be able to make one account. You must complete a two-step authentication before you can finish signing up.

- Search for the OTCHS website and sign in.
- Select “Shop OTC benefits”.
- Search and add items to your basket. Once you are ready to place your order, select “Checkout”.
- Confirm the shipping information and select “Place Order”. Please contact your Health Plan for any permanent address change needed.
- You will be directed to the Order Summary. This page will show your order details and the delivery timeframe.

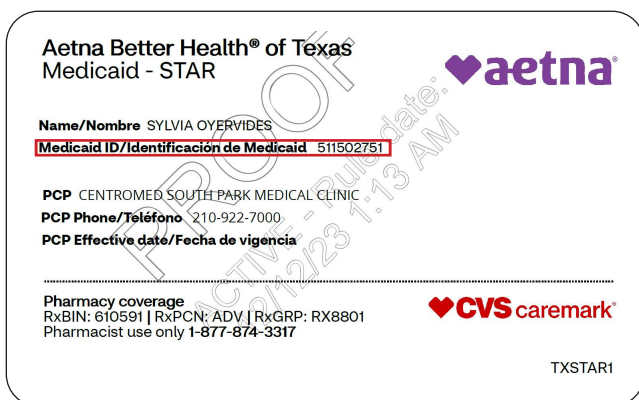
You will receive emails with the latest status updates as your order is processing.



Need help?

Locate Your Member ID

You can find your member ID on your insurance card. Refer to the example card below.



Walkthrough Video

Scan the QR code above to watch a video on how to place your orders online.

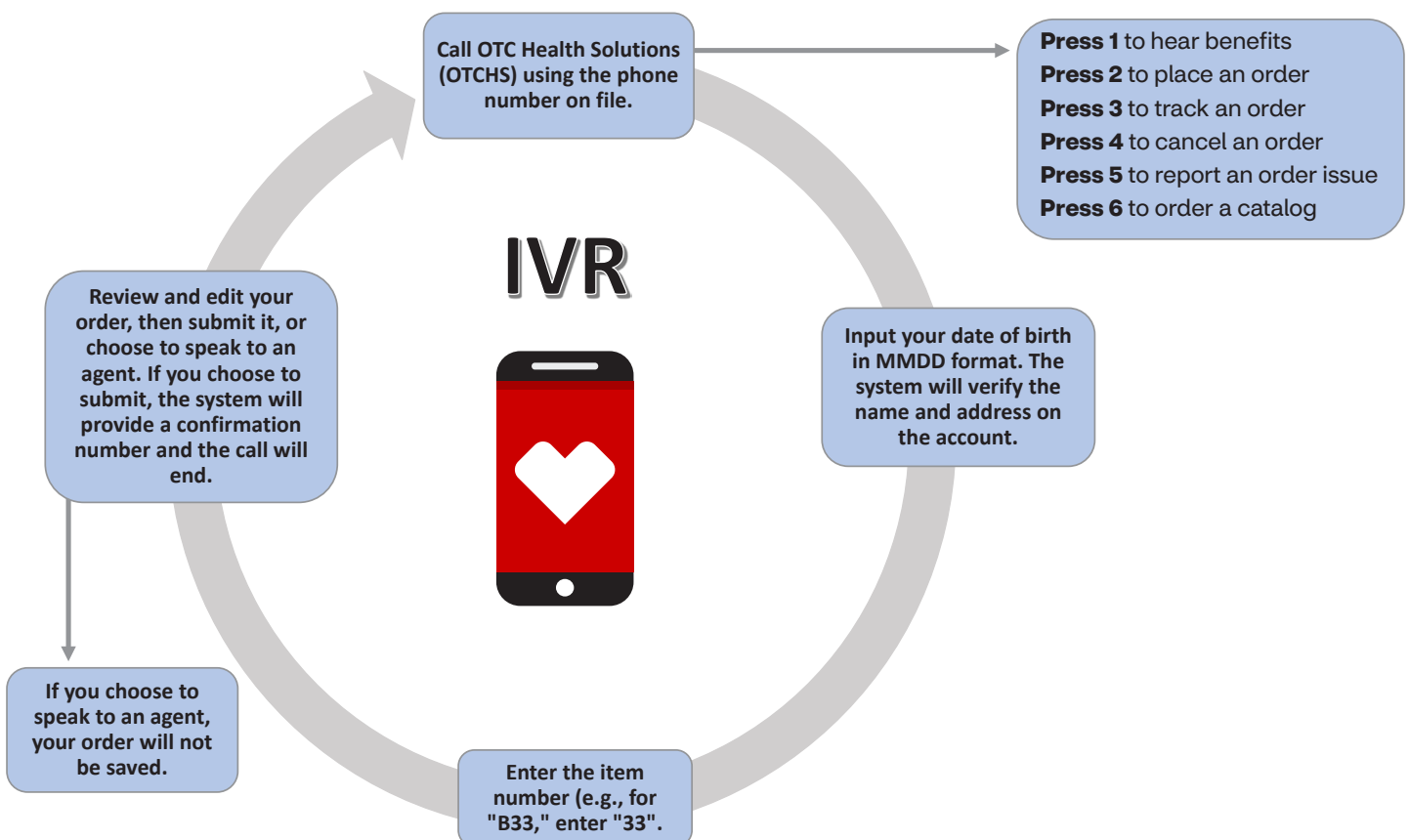
IMPORTANT: Orders for each benefit period must be placed by 11:59 PM ET on the last day of the benefit period. Please review the order frequency limits located in the FAQs to avoid missing benefit amounts.

#3 By Phone:

Orders can be placed by calling **1-888-628-2770 (TTY: 711)**. You can talk to an agent Monday to Friday, from 9 AM to 8 PM local time. Please have your order ready before you call.

How to place an order through the Interactive Voice Response (IVR) system:

- Call using the phone number on file. The phone number on file is provided to OTCHS by your health plan. If you wish to use a different number to order, you can provide the alternative number to an OTCHS agent so it can be added to your account.
- Please enter the number of the item code. For example, if you want to order item “B33” you will enter “33” and wait for the system to repeat the item and ask if the selection is correct. Please let the system finish the prompt before you make your selection.
- Once the order is complete, you will have the choice to review and edit the items in the cart, submit the order, or speak to an agent. **Should you choose to speak to an agent, your items will not be saved and you will have to restart your order.**



RETURNS POLICY: Due to the personal nature of the products, no returns or exchanges are allowed. If you haven't received your order, received a defective or damaged item, please call OTC Health Solutions within 30 days of placing your order. If your item is not in stock, an item of similar or greater value may be substituted in your order.

Frequently asked questions (FAQs)

1. Where can I find my member ID number?

It can be found on the front of your health plan ID card. Refer to page 6 for instructions on how to locate it.

2. What is the Over-the-Counter (OTC) benefit?

The benefit lets you get OTC items by going to any allowed stores. You can also order by phone at **1-888-628-2770 (TTY: 711)** Monday to Friday, from 9 AM to 8 PM local time or online at <https://www.cvs.com/otchs/aetnatx>. You order from a list of approved items, and it will be sent to your address.

3. How much is my OTC benefit?

You have \$30 per month.

4. How often can I use my OTC benefit?

Your OTC benefit can be used multiple times throughout the month.

5. Can I carry over unused benefit amount to the next benefit period?

Benefit amounts do not carry over.

6. Can I order more than my benefit amount?

You can't order more than your benefit amount online or by phone. However, you may go over your benefit amount at any allowed CVS Pharmacy® store and pay the difference out of pocket.

7. Are all items available at the stores?

No. Items marked with a (☎) in the catalog can only be ordered over the phone or online.

8. Are all items available online?

No. Items marked with a (★) in the catalog can only be ordered in store.

9. Is there a limit on the number of items I can order?

You can order up to three of the same items, per month. There are some items that have special limits. These are marked with a (Ⓢ) or (Ⓣ) in the catalog.

10. How long will it take to receive my order?

Most orders will arrive in less than 5 business days. It may take longer during peak volume periods as well as for orders that have hazardous items. If you have not received your order within 14 days please call OTC Health Solutions at **1-888-628-2770 (TTY: 711)** Monday to Friday, from 9 AM to 8 PM local time.

11. Can I cancel my order once it has been placed?

Orders can only be cancelled within 30 minutes after being placed. To cancel an order, you can use the automated IVR system or talk to an agent.

12. How do I confirm my order was placed?

Once the order is placed, you will receive an order number. Access to order history is also available in the OTCHS portal/app. Always keep your order number.

Frequently asked questions (FAQs)

13. Can I track my order?

You will receive status updates through email/ text. You can also use our IVR system or the OTCHS portal/app to view tracking information.

14. How can I receive another copy of this booklet?

You will get a digital copy of the booklet when you receive status updates through email or text. You can also order a copy using our automated IVR system, talking to an agent, or by printing one from the plan web page. A digital copy will also be available in the support section of the OTCHS portal/app.

15. Where can I get additional information about the products?

The SKU numbers that can be used at <https://www.cvs.com> to look up the images and item details.

16. How will the items be shipped?

Items are shipped via UPS to your home at no cost to you.

17. Can I return items and receive cash as reimbursement?

No. You receive an allowance from your health plan to spend on eligible OTC items, there are no cash reimbursements allowed through this program.

Additional notes:

- To order certain vitamins, it is advised that you talk to your doctor before you place an order. These are called “dual-purpose items” which are marked with a (‡).
- If you are pregnant, ordering over-the-counter medications on behalf of a child, or want to order vitamins, it is advised that you talk to your doctor before you place an order..
- Items in this booklet are for personal use and can only be ordered for the member.



Favorite Items



**DIPHENHYDRAMINE
HCl 25MG TABLETS**
CODE A84
SKU 477066



FLONASE NASAL SPRAY
CODE A69
SKU 302860



**ULTRA-SOFT
CLEANSING WIPES**
CODE B36
SKU 740537



**COUGH DROPS HONEY
LEMON**
CODE C51
SKU 379157



**COLD AND FLU
DAYTIME RELIEF
SOFTGELS**
CODE C17
SKU 890425



**OMEPRAZOLE 20MG
TABLETS**
CODE D144
SKU 451305



**TRIPLE ANTIBIOTIC
AND PAIN RELIEF
OINTMENT**
CODE F140
SKU 322430



**ASSORTED BANDAGES
VALUE PACK**
CODE F108
SKU 488598



**CREST COMPLETE
TOOTHPASTE WITH
SCOPE**
CODE O68
SKU 705527



**ARTHRITIS PAIN RELIEF
650MG CAPLETS**
CODE P9
SKU 193588

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
ACNE				
FACIAL CLEANSERS				
A1	446761	ACNE CONTROL CLEANSER	8 OZ	\$11.00
A3	412505	PANOXYL ACNE FOAMING WASH	5.5 OZ	\$12.00
MOISTURIZERS				
A4	462266	ACNE CONTROL GEL	1.35 OZ	\$16.00
SERUMS				
A5	112280	REFINING RETINOL SERUM	1 OZ	\$17.00
SPOT TREATMENTS				
A6	428504	ACNE TREATMENT GEL	1 OZ	\$5.00
ADULT CARE				
CARE & ACCESSORIES				
A10	458004	ADULT CARE WIPES	192 CT	\$12.00
A11	520577	ADULT CARE WIPES	48 CT	\$8.00
A12	843837	FLUSHABLE WIPES	42 CT	\$4.00
A13	512509	UNDERPADS XL	18 CT	\$10.00
LIGHT END				
A14	163093	MEN'S BLADDER CONTROL PADS	52 CT	\$13.00
A15	228767	MEN'S GUARDS	27 CT	\$9.00
A16	970823	ALWAYS DISCREET PADS, VERY LIGHT LONG	44 CT	\$7.00
PADS				
A17	970846	ALWAYS DISCREET PADS, MODERATE	66 CT	\$17.00
A18	795728	WOMEN'S BLADDER CONTROL PADS, LONG	27 CT	\$13.00
A19	964701	WOMEN'S OVERNIGHT BLADDER CONTROL PADS	30 CT	\$13.00
A20	150744	WOMEN'S PROTECTIVE PADS, MAX LONG	39 CT	\$13.00
A21	240487	WOMEN'S PROTECTIVE PADS, MODERATE	20 CT	\$6.00
A22	535872	WOMEN'S PROTECTIVE PADS, MODERATE	66 CT	\$13.00
A23	714508	WOMEN'S PROTECTIVE PADS, ULTIMATE	33 CT	\$13.00
A24	699083	WOMEN'S THIN FIT PROTECTIVE PADS, HEAVY	48 CT	\$13.00
A25	181771	WOMEN'S THIN FIT PROTECTIVE PADS, MODERATE	66 CT	\$13.00
PANTS				
A26	240473	DEPEND NIGHT DEFENSE UNDERWEAR FOR WOMEN L	19 CT	\$18.00
A27	241190	DEPEND NIGHT DEFENSE UNDERWEAR FOR WOMEN M	15 CT	\$18.00
A28	241455	DEPEND NIGHT DEFENSE UNDERWEAR FOR WOMEN XL	12 CT	\$18.00
A29	489366	MEN'S UNDERWEAR MAX, L/XL	18 CT	\$14.00
A30	842939	MEN'S UNDERWEAR MAX, L/XL	32 CT	\$22.00
A31	489372	MEN'S UNDERWEAR MAX, S/M	20 CT	\$14.00
A32	830473	MEN'S UNDERWEAR MAX, S/M	36 CT	\$22.00
A33	383182	UNISEX OVERNIGHT UNDERWEAR, L	14 CT	\$14.00
A34	383703	UNISEX OVERNIGHT UNDERWEAR, XL	12 CT	\$14.00
A35	489350	WOMEN'S UNDERWEAR MAX, L	18 CT	\$14.00
A36	830475	WOMEN'S UNDERWEAR MAX, L	32 CT	\$22.00
A37	489330	WOMEN'S UNDERWEAR MAX, S/M	20 CT	\$14.00

① 1 PER PERIOD

🚚 HOME DELIVERY ONLY

‡ DUAL-PURPOSE ITEM

① 1 PER YEAR

★ IN STORE ONLY



UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
A38	830476	WOMEN'S UNDERWEAR MAX, S/M	36 CT	\$22.00
A39	973821	WOMEN'S UNDERWEAR MAX, XL	16 CT	\$14.00
A40	830474	WOMEN'S UNDERWEAR MAX, XL	28 CT	\$22.00
ALLERGY REMEDIES				
ALTERNATIVE REMEDIES				
A50	955517	NASAL MIST	4.6 OZ	\$8.00
A51	340125	NASAL MIST	0.5 OZ	\$7.00
ANTIHISTAMINE NASAL SPRAY				
A52	616833	ASTEPRO ALLERGY ANTIHISTAMINE NASAL SPRAY	0.37 OZ	\$20.00
CETIRIZINE				
A53	925507	CETIRIZINE 10MG SOFTGELS	25 CT	\$18.00
A54	981751	CETIRIZINE 10MG SOFTGELS	40 CT	\$22.00
A55	444236	CETIRIZINE 10MG TABLETS	14 CT	\$11.00
A56	444238	CETIRIZINE 10MG TABLETS	30 CT	\$16.00
A57	571851	CETIRIZINE 10MG TABLETS	365 CT	\$58.00
A58	444255	CETIRIZINE 10MG TABLETS	45 CT	\$22.00
A59	389345	LEVOCETIRIZINE 5MG TABLETS	35 CT	\$16.00
A60	443197	ZYRTEC 10MG TABLETS	60 CT	\$35.00
CHILDREN'S REMEDIES				
A61	566853	CHILDREN'S CETIRIZINE 10MG ORALLY DISINTEGRATING TABLETS, ORANGE	24 CT	\$19.00
A62	912859	CHILDREN'S CETIRIZINE 5MG LIQUID, GRAPE	4 OZ	\$9.00
A63	922201	CHILDREN'S CETIRIZINE 5MG LIQUID, GRAPE SUGAR FREE	8 OZ	\$16.00
A64	195770	CHILDREN'S LORATADINE 5MG CHEWABLE TABLETS, GRAPE	20 CT	\$17.00
A65	912845	CHILDREN'S LORATADINE 5MG LIQUID, GRAPE	4 OZ	\$9.00
FEXOFENADINE				
A66	952763	ALLEGRA 60MG TABLETS	24 CT	\$19.00
A67	847260	FEXOFENADINE 180MG TABLETS	30 CT	\$18.00
A68	888489	FEXOFENADINE 180MG TABLETS	90 CT	\$34.00
STEROID NASAL SPRAY				
A69	302860	FLONASE NASAL SPRAY	0.38 OZ	\$19.00
A70	674958	FLUTICASONE NASAL SPRAY 144 DOSE	0.62 OZ	\$21.00
A71	797907	FLUTICASONE NASAL SPRAY 72 DOSE	0.38 OZ	\$14.00
A90	238246	FLUTICASONE PROPIONATE NASAL SPRAY 60 DOSE	0.34 OZ	\$13.00
LORATADINE				
A72	244841	CLARITIN 10MG TABLETS	30 CT	\$27.00
A73	348499	LORATADINE 10MG SOFTGELS	60 CT	\$30.00
A74	232641	LORATADINE 10MG TABLETS	10 CT	\$7.00
A75	277760	LORATADINE 10MG TABLETS	20 CT	\$14.00
A76	232642	LORATADINE 10MG TABLETS	30 CT	\$16.00
A77	583518	LORATADINE 10MG TABLETS	365 CT	\$45.00
A78	222718	LORATADINE 10MG TABLETS	70 CT	\$29.00
A79	919205	LORATADINE 10MG TABLETS	90 CT	\$30.00
NASAL AND EYE				
A80	483095	CHILDREN'S DIPHENHYDRAMINE HCl 12.5MG CHEWABLE TABLETS, GRAPE	18 CT	\$6.00

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
A81	477072	CHILDREN'S DIPHENHYDRAMINE HCl 12.5MG LIQUID, CHERRY	4 OZ	\$5.00
A83	477069	DIPHENHYDRAMINE HCl 25MG TABLETS	100 CT	\$12.00
A84	477066	DIPHENHYDRAMINE HCl 25MG TABLETS	24 CT	\$4.00
A85	870284	DIPHENHYDRAMINE HCl 25MG TABLETS	365 CT	\$19.00
A86	477068	DIPHENHYDRAMINE HCl 25MG TABLETS	48 CT	\$8.00
A87	994279	DIPHENHYDRAMINE HCl 50MG LIQUID, CHERRY	4 OZ	\$6.00
A89	994433	NASAL STRIPS	10 CT	\$5.00

APPAREL

SOCKS

A100	184730	COPPER-TREATED COMFORT SOCKS, L/XL BLACK	3 CT	\$10.00
A101	184812	COPPER-TREATED COMFORT SOCKS, L/XL WHITE	3 CT	\$10.00
A102	184935	COPPER-TREATED COMFORT SOCKS, S/M BLACK	3 CT	\$10.00
A103	184626	COPPER-TREATED COMFORT SOCKS, S/M WHITE	3 CT	\$10.00
A104	893270	DIABETIC SOCKS, L/XL	2 CT	\$9.00
A105	893272	DIABETIC SOCKS, S/M	2 CT	\$9.00
A106	658582	FIRM COMPRESSION SOCKS, L/XL BLACK	1 CT	\$12.00
A107	658593	FIRM COMPRESSION SOCKS, S/M BLACK	1 CT	\$12.00
A108	978348	LIGHT COMPRESSION SOCKS, L/XL BLACK	1 CT	\$10.00
A109	658784	LIGHT COMPRESSION SOCKS, L/XL WHITE	1 CT	\$10.00
A110	978349	LIGHT COMPRESSION SOCKS, S/M BLACK	1 CT	\$10.00
A111	658829	LIGHT COMPRESSION SOCKS, S/M WHITE	1 CT	\$10.00

BABY CARE

BABY TOILETRIES

B2	304238	BABY POWDER	22 OZ	\$6.00
B3	217083	BABY SHAMPOO	13.6 OZ	\$5.00
B4	278382	COTTON SWABS	375 CT	\$4.00
B5	107631	DESITIN OINTMENT	4 OZ	\$11.00
B6	803987	DIAPER RASH OINTMENT	2 OZ	\$5.00
B7	954732	EUCERIN BABY ECZEMA RELIEF CRÈME	5 OZ	\$12.00
B9	709857	J&J BABY POWDER WITH CORNSTARCH	15 OZ	\$7.00
B10	134109	JOHNSON'S BABY LOTION	13.6 OZ	\$7.00
B11	275024	JOHNSON'S BABY SHAMPOO	13.6 OZ	\$7.00
B13	949628	PETROLEUM JELLY	13 OZ	\$6.00
B14	309433	PLASTIC STICK COTTON SWABS	200 CT	\$3.00

DIAPERS

B15	894617	HUGGIES SNUG & DRY DIAPERS SIZE 1	38 CT	\$13.00
B16	698908	HUGGIES SNUG & DRY DIAPERS SIZE 2	34 CT	\$13.00
B17	156297	HUGGIES ULTRATRIM UNISEX DIAPERS SIZE 3	31 CT	\$13.00
B18	156298	HUGGIES ULTRATRIM UNISEX DIAPERS SIZE 4	27 CT	\$13.00
B19	156302	HUGGIES ULTRATRIM UNISEX DIAPERS SIZE 5	22 CT	\$13.00
B20	156303	HUGGIES ULTRATRIM UNISEX DIAPERS SIZE 6	19 CT	\$13.00

ELECTROLYTES

B22	393301	PEDIALYTE ADVANCED CARE PLUS POWDER	6 CT	\$14.00
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① 1 PER PERIOD

🚚 HOME DELIVERY ONLY

‡ DUAL-PURPOSE ITEM

① 1 PER YEAR

★ IN STORE ONLY



UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
FEEDING ACCESSORIES				
B23	459312	LANOLIN CREAM	1.41 OZ	\$12.00
B24	461879	LANSINOH BREASTMILK STORAGE BAGS	50 CT	\$16.00
B25	149525	LANSINOH DISPOSABLE NURSING PADS	60 CT	\$13.00
B26	806620	LANSINOH LANOLIN NIPPLE CREAM	1.41 OZ	\$15.00
B28	382830	NUBY STANDARD NECK BOTTLES	3 CT	\$6.00
INFANT REMEDIES				
B29	382875	BABY CARE KIT	1 CT	\$15.00
B30	834806	BABY EAR THERMOMETER	1 CT	\$35.00
B31	330812	GAS RELIEF DROPS	1 OZ	\$12.00
B32	994605	GAS RELIEF INFANT	0.5 OZ	\$6.00
B33	858818	INFANTS' ACETAMINOPHEN 10MG ORAL SUSPENSION	2 OZ	\$8.00
B34	478939	INFANTS' IBUPROFEN CONCENTRATED DROPS	1 OZ	\$9.00
B35	805967	LITTLE REMEDIES SALINE SPRAY AND DROPS	0.5 OZ	\$5.00
WIPES				
B36	740537	CLEANSING WIPES	64 CT	\$4.00
B37	888491	TODDLER WIPES	60 CT	\$3.00
B38	571810	ULTRA-SOFT SENSITIVE CLEANSING WIPES	56 CT	\$4.00
B39	692270	ULTRA-SOFT CLEANSING WIPES	64 CT	\$4.00
BATTERIES				
ALKALINE				
B50	289058	ALKALINE BATTERIES AA	4 CT	\$7.00
B51	708032	ALKALINE BATTERIES AAA	4 CT	\$7.00
BLOOD PRESSURE				
H102 ① ‡	800232	BLOOD PRESSURE MONITOR MANUAL UPPER ARM	1 CT	\$19.00
COLD REMEDIES				
ALTERNATIVE REMEDIES				
C1 ‡	653004	AIRBORNE GUMMIES, ASSORTED FRUIT	42 CT	\$18.00
C2 ‡	889580	AIRSHIELD CHEWABLE TABLETS, BERRY	32 CT	\$7.00
C3 ‡	970454	AIRSHIELD GUMMIES, ORANGE LEMON	42 CT	\$11.00
C4 ‡	320711	AIRSHIELD TABLETS, ORANGE	10 CT	\$7.00
C5 ‡	381791	AIRSHIELD TABLETS, ORANGE	20 CT	\$11.00
C7	554912	VITAMIN C 1000MG POWDER PACKETS	10 CT	\$5.00
CHEST RUBS				
C8	277898	MEDICATED CHEST RUB	1.76 OZ	\$5.00
C9	587618	MEDICATED CHEST RUB	3.53 OZ	\$8.00
CHILD'S REMEDIES				
C10	689423	CHILDREN'S CHEST CONGESTION PLUS COUGH RELIEF LIQUID, CHERRY	4 OZ	\$12.00
C11	895141	CHILDREN'S MULTI-SYMPTOM COLD RELIEF LIQUID, BERRY	4 OZ	\$12.00
C12	181098	CHILDREN'S NASAL SALINE MIST	2 OZ	\$6.00
COLD TABLETS				
C13	441208	ALKA-SELTZER DAY & NIGHT LIQUID GELS	24 CT	\$14.00
C14	954405	COLD AND FLU COOLING SEVERE DAYTIME RELIEF CAPLETS	24 CT	\$11.00
C15	362029	COLD AND FLU DAY AND NIGHT RELIEF SOFTGELS	24 CT	\$9.00

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
C16	896264	COLD AND FLU DAY AND NIGHT RELIEF SOFTGELS	48 CT	\$15.00
C17	890425	COLD AND FLU DAYTIME RELIEF SOFTGELS	16 CT	\$6.00
C18	338131	COLD AND FLU HBP RELIEF TABLETS	20 CT	\$8.00
C20	890411	COLD AND FLU MULTI-SYMPTOM NIGHTTIME RELIEF SOFTGELS	16 CT	\$6.00
C21	164257	COLD AND FLU MULTI-SYMPTOM DAY AND NIGHT RELIEF SOFTGELS	24 CT	\$9.00
C22	970808	COLD AND FLU SEVERE DAY AND NIGHT RELIEF SOFTGELS	24 CT	\$11.00
C23	362042	COLD AND FLU SEVERE DAYTIME RELIEF SOFTGELS	24 CT	\$12.00
C24	970805	COLD AND FLU SEVERE NIGHTTIME RELIEF SOFTGELS	24 CT	\$12.00
C25	970306	COLD AND FLU SEVERE RELIEF CAPLETS	24 CT	\$8.00
C26	974226	CORICIDIN HBP COLD AND FLU	20 CT	\$13.00
C27	244956	COUGH AND COLD HBP RELIEF TABLETS	16 CT	\$7.00
C29	551102	FLU HBP RELIEF MAXIMUM STRENGTH	20 CT	\$8.00
C32	442006	VICKS DAYQUIL SEVERE LIQUIDCAP	24 CT	\$16.00
C33	451200	VICKS NYQUIL SEVERE LIQUIDCAP	24 CT	\$16.00
COUGH				
C34	132213	CHEST CONGESTION AND COUGH HBP SOFTGELS	20 CT	\$8.00
C36	297885	CHEST CONGESTION RELIEF TABLETS	60 CT	\$9.00
C37	895137	COUGH AND CONGESTION SEVERE RELIEF LIQUID	6 OZ	\$13.00
C38	895138	DM MAXIMUM STRENGTH LIQUID	6 OZ	\$13.00
C39	430367	MUCINEX DM 1200MG EXTENDED RELEASE TABLETS	14 CT	\$23.00
C40	292925	MUCINEX DM 600MG EXTENDED RELEASE TABLETS	20 CT	\$21.00
C41	810461	MUCINEX FAST-MAX SEVERE CONGESTION AND COUGH RELIEF LIQUID	6 OZ	\$19.00
C42	236502	MUCUS DM EXTENDED RELEASE TABLETS	20 CT	\$14.00
C43	173270	MUCUS DM MAXIMUM STRENGTH EXTENDED RELEASE TABLETS	14 CT	\$16.00
C44	173321	MUCUS DM MAXIMUM STRENGTH EXTENDED RELEASE TABLETS	28 CT	\$26.00
C45	259459	MUCUS EXTENDED RELEASE TABLETS 1200MG	14 CT	\$16.00
C46	971824	TUSSIN CF LIQUID	4 OZ	\$7.00
C47	707516	TUSSIN DM LIQUID	4 OZ	\$6.00
C48	707512	TUSSIN DM LIQUID	8 OZ	\$10.00
C49	971823	TUSSIN DM NIGHTTIME	4 OZ	\$6.00
C50	477060	TUSSIN DM SUGAR FREE LIQUID	8 OZ	\$8.00
COUGH DROPS				
C51	379157	COUGH DROPS HONEY LEMON	160 CT	\$6.00
C52	654515	MUCINEX SORE THROAT AND COUGH RELIEF DROPS HONEY	40 CT	\$7.00
C53	694506	MUCINEX SORE THROAT AND COUGH RELIEF DROPS	40 CT	\$7.00
C54	179666	SUGAR FREE MENTHOL COUGH DROPS	140 CT	\$6.00
DEVICES				
C55 ①	193592	DIGITAL THERMOMETER	1 CT	\$18.00
C56 ①	423796	INFRARED THERMOMETER	1 CT	\$49.00
C58 ①	442271	PURE MISTAIRE HUMIDIFIER	1 CT	\$40.00
C59 ①	155912	RIGID TIP DIGITAL THERMOMETER	1 CT	\$10.00
C61 ①	277896	VAPOR STEAM COUGH SUPPRESSANT CAMPHOR	8 OZ	\$11.00

① 1 PER PERIOD

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UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
FLU REMEDIES				
C62	442927	COLD AND FLU HBP MULTI-SYMPATOM NIGHTTIME RELIEF LIQUID, CHERRY	12 OZ	\$9.00
C64	895139	COLD, FLU & SORE THROAT RELIEF MAX STRENGTH LIQUID	6 OZ	\$12.00
C65	548074	MAXIMUM STRENGTH SEVERE COLD LIQUID	6 OZ	\$12.00
C66	954406	SEVERE DAYTIME LIQUID	12 OZ	\$11.00
C67	180192	SEVERE NIGHTTIME LIQUID	12 OZ	\$11.00
C68	939419	VICKS DAYQUIL SEVERE LIQUID	12 OZ	\$16.00
C69	939406	VICKS NYQUIL SEVERE LIQUID	12 OZ	\$16.00
HOMEOPATHIC				
C72 ‡	382934	ZICAM COLD REMEDY QUICK DISSOLVE TABLETS	25 CT	\$16.00
LIP CARE				
C74	280974	BLISTEX LIP OINTMENT	0.35 OZ	\$5.00
C75	882775	CARMEX CLASSIC LIP BALM 3 PACK	1.05 OZ	\$5.00
C76	337401	COLD SORE TREATMENT	0.07 OZ	\$18.00
NASAL/SINUS				
C80	164183	NASAL MIST	1 OZ	\$7.00
C81	858828	NASAL MIST SEVERE	0.5 OZ	\$7.00
C82	858830	NASAL SPRAY	0.5 OZ	\$6.00
C83	857132	NASAL SPRAY	1 OZ	\$7.00
C84	953436	NASAL STRIPS LARGE	30 CT	\$11.00
C85	953437	NASAL STRIPS MEDIUM	30 CT	\$11.00
C86	938777	SINUS AND SEVERE CONGESTION RELIEF CAPLETS	20 CT	\$12.00
C87	408566	SINUS PAIN AND CONGESTION RELIEF CAPLETS	24 CT	\$6.00
C88	343398	SINUS PE PRESSURE AND PAIN RELIEF CAPLETS	24 CT	\$8.00
SALINE				
C89	891465	NASAL SPRAY SALINE	1.5 OZ	\$4.00
C90	277790	NASAL SPRAY SALINE 2 PACK	1.5 OZ	\$7.00
C91	896038	SINUS WASH REFILL SALINE PACKETS	100 CT	\$14.00
C92	896024	SINUS WASH SYSTEM NETI POT	1 CT	\$14.00
SORE THROAT				
C93	857378	CEPACOL EXTRA STRENGTH SORE THROAT LOZENGES, CHERRY	16 CT	\$7.00
C94	316620	SORE THROAT SPRAY	6 OZ	\$5.00
COSMETICS				
COTTON				
C100	365244	COTTON ROUNDS	80 CT	\$4.00
TOOLS				
C101	230332	NAIL CLIPPER	1 CT	\$5.00
C102	230363	SLANT TWEEZER	1 CT	\$4.00
DEODORANT				
MENS				
D1	140574	OLD SPICE DEODORANT	3.25 OZ	\$6.00
WOMENS				
D2	251549	SECRET CLINICAL STRENGTH ANTIPERSPIRANT	2.6 OZ	\$15.00
D3	374111	SECRET DEODORANT	2.4 OZ	\$9.00

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
DIET NUTRITION				
PROTEIN SHAKES AND OTHER NUTRITIONAL ITEMS				
D15	234978	BOOST HIGH PROTEIN NUTRITIONAL DRINK CHOCOLATE 6 PACK	8 OZ	\$12.00
D16	234977	BOOST HIGH PROTEIN NUTRITIONAL DRINK VANILLA 6 PACK	8 OZ	\$12.00
D17	882285	FOOD THICKENER	10 OZ	\$9.00
D18	204464	LIQUID I.V. HYDRATION MULTIPLIER ELECTROLYTE DRINK MIX	6 CT	\$14.00
D19 	264399	OWYN PROTEIN SHAKE DARK CHOCOLATE 4 PACK	11.15 OZ	\$10.00
D20 	264635	OWYN PROTEIN SHAKE VANILLA 4 PACK	11.15 OZ	\$10.00
DIGESTIVE HEALTH				
ANTACIDS				
D50	690266	ANTACID CALCIUM CHEWABLE TABLETS, ASSORTED FRUIT	160 CT	\$9.00
D51	836320	ANTACID CALCIUM CHEWABLE TABLETS, ASSORTED FRUIT	96 CT	\$6.00
D52	230995	ANTACID ULTRA STRENGTH CHEWABLE TABLETS	72 CT	\$6.00
D53	860849	HEARTBURN RELIEF CHEWABLE TABLETS	100 CT	\$9.00
D54	164422	HEARTBURN RELIEF LIQUID MINT	12 OZ	\$9.00
D55	236859	MYLANTA MAXIMUM STRENGTH ANTACID PLUS ANTI-GAS LIQUID	12 OZ	\$12.00
D56	282267	TUMS CHEWY BITES	32 CT	\$8.00
ANTI-GAS MEDICATIONS				
D57	883928	GAS RELIEF EXTRA STRENGTH CHEWABLE TABLETS CHERRY	48 CT	\$12.00
D58	232981	GAS RELIEF EXTRA STRENGTH CHEWABLE TABLETS PEPPERMINT CRÈME	18 CT	\$6.00
D59	206805	GAS RELIEF EXTRA STRENGTH SOFTGELS	30 CT	\$5.00
D60	690035	GAS RELIEF ULTRA STRENGTH SOFTGELS	20 CT	\$4.00
CHILDRENS DIGESTIVE HEALTH				
D62	878852	CHILDREN'S ANTACID CHEWABLE TABLETS	24 CT	\$7.00
DIARRHEA				
D63	690041	ANTI-DIARRHEAL 2MG SOFTGELS	24 CT	\$8.00
D64	888495	ANTI-DIARRHEAL ORAL SOLUTION MINT	4 OZ	\$6.00
D65	672550	ANTI-DIARRHEAL 2MG CAPLETS	12 CT	\$5.00
D66	232907	ANTI-DIARRHEAL 2MG CAPLETS	24 CT	\$8.00
D67	737715	IMODIUM A-D CAPLETS	24 CT	\$17.00
RELIEF OF GAS FROM BEANS AND MILK				
D68	878020	BEANAID CAPSULES	30 CT	\$6.00
D69	267635	DAIRY RELIEF CAPLETS	60 CT	\$14.00
D70	690659	DAIRY RELIEF CHEWABLE TABLETS	60 CT	\$14.00
D71	372214	DAIRY RELIEF SOFTGELS	32 CT	\$9.00
D72	393041	LACTAID FAST ACT CAPLETS	32 CT	\$13.00
FIBER SUPPLEMENTS				
D73	930981	BENEFIBER POWDER	8.7 OZ	\$19.00
D74	318142	DAILY FIBER CAPSULES	100 CT	\$10.00
D75	252794	DAILY FIBER CAPSULES	160 CT	\$15.00
D76	348642	DAILY FIBER CAPSULES	320 CT	\$24.00
D77	958326	DAILY FIBER SUGAR FREE POWDER	10 OZ	\$9.00
D78	958332	DAILY FIBER SUGAR FREE POWDER	23.3 OZ	\$18.00

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The following are tips to consider if your child is not feeling well.



The following are tips to consider if your child is not feeling well. Contact your doctor if you want to use a new medication for your child.

- The doctor can tell you if it is safe to give your child.
- The doctor can help you figure out the right dose of a medicine.

For more information:

- If you need help finding a doctor, call us and we can help.
- We can even connect you to a nurse.

Do not wait for a medicine to work if your child has an emergency!



Urgent care centers will treat minor problems like:

- Mild burns and scrapes
- Mild strains and sprains
- Mild cough and sore throat
- Runny nose
- Ear pain
- Mild fever
- Rash and skin problems



Signs of an emergency include:

- Chest pain
- Trouble breathing
- Not eating or drinking
- Being very fussy
- Sleeping more than usual
- Cough for more than 2 weeks
- A cold that is getting worse
- Fever more than 100.3 in a baby, (less than 3 months old)
- Severe bleeding
- Blacking out



Your PCP is always the best place to start if you have health questions! If your doctor is busy and your child is sick, look on our website for urgent care services. Urgent care is for mild problems, and they can often see you on the same day. They have after hours and weekend services. There are even virtual options.

Remember, call your doctor if you are not sure if urgent care or the emergency room are right for your child.

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
D79	690260	EASY FIBER POWDER	8.6 OZ	\$15.00
D81	567388	GREAT SHAPE FIBER POWDER	17.6 OZ	\$23.00
D82	198529	METAMUCIL FIBER THERAPY CAPSULES	160 CT	\$24.00
D83	883843	METAMUCIL SUGAR FREE FIBER SUPPLEMENT	15 OZ	\$20.00
H2 BLOCKERS				
D84	422050	ACID CONTROLLER MAXIMUM STRENGTH TABLETS	100 CT	\$27.00
D85	398671	ACID CONTROLLER MAXIMUM STRENGTH TABLETS	25 CT	\$10.00
D86	398672	ACID CONTROLLER MAXIMUM STRENGTH TABLETS	50 CT	\$17.00
D87	690256	ACID CONTROLLER TABLETS	30 CT	\$7.00
D88	116960	ACID CONTROLLER TABLETS	90 CT	\$19.00
D89	471127	HEARTBURN RELIEF TABLETS	60 CT	\$19.00
HEMORRHOID TREATMENT				
D90	317686	HEMORRHOIDAL COOLING GEL	0.9 OZ	\$7.00
D91	452277	HEMORRHOIDAL CREAM	1.8 OZ	\$11.00
D92	689613	HEMORRHOIDAL CREAM	1 OZ	\$7.00
D93	401472	HEMORRHOIDAL MEDICATED WIPES	48 CT	\$6.00
D94	913037	HEMORRHOIDAL MEDICATED WIPES	96 CT	\$11.00
D95	457931	HEMORRHOIDAL OINTMENT	1 OZ	\$7.00
D96	144212	HEMORRHOIDAL OINTMENT	2 OZ	\$10.00
D97	961468	HEMORRHOIDAL SUPPOSITORIES	12 CT	\$8.00
LAXATIVES				
D98	480996	BISACODYL LAXATIVE 10MG SUPPOSITORIES	4 CT	\$6.00
D99	166371	BISACODYL LAXATIVE 10MG SUPPOSITORIES	8 CT	\$12.00
D100	317857	BISACODYL LAXATIVE 5MG TABLETS	10 CT	\$3.00
D101	348639	BISACODYL LAXATIVE 5MG TABLETS	25 CT	\$4.00
D102	166363	BISACODYL LAXATIVE 5MG TABLETS	50 CT	\$10.00
D103	108597	DULCOLAX LAXATIVE TABLETS	25 CT	\$11.00
D104	108530	GLYCERIN SUPPOSITORIES	25 CT	\$4.00
D105	707940	LAXATIVE 25MG TABLETS	24 CT	\$6.00
D106	789407	MAGNESIUM CITRATE LAXATIVE LIQUID GRAPE	10 OZ	\$4.00
D107	494222	MILK OF MAGNESIA	12 OZ	\$7.00
D108	415361	MIRALAX POWDER	4.1 OZ	\$13.00
D109	713635	PURELAX POWDER	4.1 OZ	\$9.00
D110	713639	PURELAX POWDER	8.3 OZ	\$13.00
D111	707928	SENNA 8.6MG TABLETS	250 CT	\$20.00
D112	707942	SENNA 8.6MG TABLETS	50 CT	\$12.00
D113	304258	SEKOT LAXATIVE TABLETS	50 CT	\$20.00
D114	488021	STOOL SOFTENER 100MG CAPSULES	30 CT	\$8.00
D115	310425	STOOL SOFTENER 100MG SOFTGELS	100 CT	\$12.00
D116	317683	STOOL SOFTENER 100MG SOFTGELS	25 CT	\$7.00
D117	689614	STOOL SOFTENER 100MG SOFTGELS	30 CT	\$4.00
D118	707930	STOOL SOFTENER 50MG TABLETS	100 CT	\$12.00
D119	918984	WOMEN'S BISACODYL 5MG TABLETS	25 CT	\$5.00

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UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
MOTION SICKNESS				
D120	139139	MOTION SICKNESS RELIEF TABLETS	12 CT	\$5.00
D121	452260	MOTION SICKNESS RELIEF TABLETS	16 CT	\$8.00
D122	690044	MOTION SICKNESS RELIEF TABLETS LESS DROWSY FORMULA	16 CT	\$8.00
D123	366919	NAUSEA RELIEF CHEWABLE TABLETS	42 CT	\$9.00
D124	109278	SEA BAND WRISTBANDS	2 CT	\$14.00
MULTI SYMPTOM				
D125	689598	BISMUTH CAPLETS	24 CT	\$5.00
D126	703368	BISMUTH CHEWABLE TABLETS CHERRY	30 CT	\$5.00
D127	195560	BISMUTH LIQUID	8 OZ	\$5.00
PROBIOTICS				
D128	206583	ALIGN PROBIOTIC CAPSULES	14 CT	\$20.00
D129	919052	DAILY PROBIOTIC 4 STRAINS 2 BILLION CPU	30 CT	\$23.00
D130	919055	DAILY PROBIOTIC 4 STRAINS 24 BILLION CPU	30 CT	\$21.00
D131	883948	DAILY PROBIOTIC 9 STRAINS CAPSULES	15 CT	\$15.00
D132	919047	DIGESTIVE PROBIOTIC CAPSULES	20 CT	\$20.00
PROTON PUMP INHIBITORS				
D133	272739	ESOMEPRAZOLE MAGNESIUM 20MG CAPSULES	14 CT	\$10.00
D134	272722	ESOMEPRAZOLE MAGNESIUM 20MG CAPSULES	42 CT	\$24.00
D135	481021	ESOMEPRAZOLE MAGNESIUM 20MG TABLETS	14 CT	\$10.00
D136	272733	ESOMEPRAZOLE MAGNESIUM 20MG TABLETS	28 CT	\$18.00
D137	883055	LANSOPRAZOLE 15MG CAPSULES	14 CT	\$10.00
D138	883053	LANSOPRAZOLE 15MG CAPSULES	28 CT	\$18.00
D139	883051	LANSOPRAZOLE 15MG CAPSULES	42 CT	\$24.00
D140	967601	NEXIUM 24 HOUR CAPSULES	42 CT	\$31.00
D141	488025	OMEPRAZOLE 20MG CAPSULES	14 CT	\$11.00
D142	488027	OMEPRAZOLE 20MG CAPSULES	28 CT	\$19.00
D143	451300	OMEPRAZOLE 20MG TABLETS	14 CT	\$11.00
D144	451305	OMEPRAZOLE 20MG TABLETS 3 PACK	14 CT	\$24.00
D145	352716	OMEPRAZOLE AND SODIUM BICARBONATE CAPSULES	14 CT	\$10.00
D146	250975	PRILOSEC 20MG 24HR RELIEF TABLETS	42 CT	\$30.00
EXTERNAL PAIN				
BRACE				
E1	259256	ANKLE STABILIZING SUPPORT	1 CT	\$23.00
E2	462609	ANKLE SUPPORT	1 CT	\$20.00
E3	151571	ANKLE SUPPORT SLEEVE L	1 CT	\$12.00
E4	151555	ANKLE SUPPORT SLEEVE M	1 CT	\$12.00
E5	151480	ANKLE SUPPORT SLEEVE S	1 CT	\$12.00
E6	467717	BACK COMPRESSION SUPPORT	1 CT	\$24.00
E8	453866	COPPER COMPRESSION ELBOW SLEEVE L	1 CT	\$15.00
E9	449079	COPPER FIT ICE COMPRESSION GLOVES L/XL	1 CT	\$22.00
E10	449080	COPPER FIT ICE COMPRESSION GLOVES S/M	1 CT	\$22.00
E12	969837	COPPER FIT KNEE SLEEVE M	1 CT	\$14.00
E13	969838	COPPER FIT KNEE SLEEVE XL	1 CT	\$14.00

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
E15	482566	ELBOW SUPPORT L	1 CT	\$20.00
E16	144056	HAND/WRIST COMPRESSION GLOVE L/XL	1 CT	\$15.00
E17	144057	HAND/WRIST COMPRESSION GLOVE S/M	1 CT	\$15.00
E22	152116	KNEE SUPPORT SLEEVE L	1 CT	\$14.00
E23	151894	KNEE SUPPORT SLEEVE M	1 CT	\$14.00
E24	472994	KNEE SUPPORT SLEEVE S	1 CT	\$14.00
E25	482556	KNEE SUPPORT SLEEVE XL	1 CT	\$14.00
E26	482568	LEFT WRIST BRACE STABILIZING COMPRESSION L/XL	1 CT	\$25.00
E27	482567	LEFT WRIST BRACE STABILIZING COMPRESSION S/M	1 CT	\$25.00
E30	482571	RIGHT WRIST BRACE STABILIZING COMPRESSION L/XL	1 CT	\$25.00
E31	482569	RIGHT WRIST BRACE STABILIZING COMPRESSION S/M	1 CT	\$25.00
E32	835808	WRIST BRACE STABILIZING COMPRESSION ONE SIZE	1 CT	\$25.00
E33	963366	WRIST COMPRESSION SUPPORT	1 CT	\$10.00
E36	462605	WRIST SUPPORT DELUXE COMPRESSION ONE SIZE	1 CT	\$10.00
E37	902106	WRIST SUPPORT STRAP	1 CT	\$9.00
HOSIERY				
E40	942453	KNEE HIGH HOSIERY MODERATE COMPRESS L	1 CT	\$24.00
E41	342829	KNEE HIGH HOSIERY MODERATE COMPRESS M	1 CT	\$24.00
HOT COLD				
E42	324111	COLD COMPRESS	1 CT	\$6.00
E43	313072	FAULTLESS WATER BOTTLE	1 CT	\$18.00
E44 ①	215314	HEATING PAD EXTRA LONG	1 CT	\$35.00
E45 ①	215313	HEATING PAD STANDARD	1 CT	\$25.00
E46	318180	HOT AND COLD COMPRESS	1 CT	\$15.00
E47 🚚	499911	HOT AND COLD COMPRESSION WRAP	1 CT	\$35.00
E48 🚚	844209	ICEBAG LARGE	1 CT	\$15.00
E50	455739	THERMACARE BACK PAIN HEAT THERAPY	3 CT	\$15.00
PAIN RELIEF DEVICES				
E52 ① 🚚	424311	COPPER POWER MASSAGER	1 CT	\$20.00
E55	459917	TENS REPLACEMENT PADS	4 CT	\$19.00
MINDFULNESS				
E57	400672	FOOT MASSAGER	1 CT	\$7.00
E58	400687	HAND THERAPY KIT	1 CT	\$13.00
TAPE				
E61	455677	KINESIOLOGY ATHLETIC TAPE STRIPS	20 CT	\$11.00
E62	507013	SELF-GRIP ATHLETIC TAPE/BANDAGE 2X70IN	1 CT	\$6.00
TOPICAL ANALGESIC				
E63	459362	ARTHRITIS PAIN RELIEF CREAM	4 OZ	\$24.00
E64	211615	BIOFREEZE PAIN RELIEVING GEL	3 OZ	\$15.00
E65	209270	BIOFREEZE PAIN RELIEVING SPRAY	3 OZ	\$15.00
E66	214395	BIOFREEZE ROLL-ON	2.5 OZ	\$17.00
E67	695905	COLD AND HOT CREAM	3 OZ	\$6.00
E68	827058	COLD AND HOT PATCHES	3 CT	\$8.00

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UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
E69	957604	COLD AND HOT PATCHES	5 CT	\$6.00
E70	161764	DICLOFENAC SODIUM 1% TOPICAL GEL	1.7 OZ	\$9.00
E71	516173	DICLOFENAC SODIUM 1% TOPICAL GEL	5.2 OZ	\$21.00
E72	162527	ICY HOT LIDOCAINE CREAM	2.7 OZ	\$10.00
E73	977934	LIDOCAINE CREAM	2.7 OZ	\$7.00
E74	197229	LIDOCAINE PATCHES	5 CT	\$10.00
E75	371271	LIDOCAINE PATCHES	6 CT	\$12.00
E76	196728	LIDOCAINE PLUS ROLL-ON	3 OZ	\$11.00
E77	256563	LIDOCAINE ROLL-ON	2.5 OZ	\$8.00
E78	328522	LIDOCAINE ROLL ON WITH MENTHOL	2.5 OZ	\$8.00
E79	444770	MEDICATED HEAT PATCH	1 CT	\$2.00
E80	320989	MUSCLE RUB CREAM	2 OZ	\$5.00
E81	200964	MUSCLE RUB CREAM	3 OZ	\$7.00
E82	665933	PAIN RELIEF GEL	3 OZ	\$12.00
E83	610722	PAIN RELIEF ROLL-ON MENTHOL	2.5 OZ	\$13.00
E84	269146	PAIN RELIEF SPRAY	3 OZ	\$12.00
E85	240119	SALONPAS LIDOCAINE GEL PATCHES	6 CT	\$15.00
E86	287461	SALONPAS LIDOCAINE ROLL-ON	3 OZ	\$15.00
E87	775065	SALONPAS PATCHES	60 CT	\$13.00
E88	239673	SALONPAS PATCHES LARGE	6 CT	\$9.00
E89	343885	VOLTAREN ARTHRITIS PAIN RELIEVER GEL	5.29 OZ	\$26.00

EYE CARE/ EAR CARE

EAR CARE

E100	941579	EARWAX CARE KIT	1 CT	\$9.00
E101	110973	EARWAX REMOVAL DROPS	0.5 OZ	\$5.00
E103	457795	SILICONE EARPLUGS	12 CT	\$5.00
E104	694929	SOFT FOAM EARPLUGS	20 CT	\$5.00
E105	457496	SWIMMERS EAR SOLUTION	1 OZ	\$4.00

EYE CARE

E106	797076	ADVANCED EYE DROPS	0.5 OZ	\$6.00
E107	209928	ALLERGY RELIEF EYE DROPS	0.5 OZ	\$7.00
E108	208334	ALLERGY RELIEF EYE DROPS	0.5 OZ	\$7.00
E109	171322	ARTIFICIAL TEARS LUBRICANT EYE DROPS	1 OZ	\$9.00
E110	857281	CONTACT LENS CASES	2 CT	\$4.00
E111	940154	CONTACT LENS CASES	4 CT	\$8.00
E112	976354	EYE HEALTH 50 SOFTGELS	90 CT	\$23.00
E113	453524	EYE ITCH RELIEF	0.17 OZ	\$14.00
E114	251591	EYE PATCH	1 CT	\$6.00
E115	251599	EYEGLOSS LENS CLEANER	4 OZ	\$4.00
E116	251597	EYEGLOSS REPAIR KIT	1 CT	\$4.00
E117	482149	EYELID CLEANSING WIPES	30 CT	\$19.00
E118	694692	LENS CLEANSING WIPES	100 CT	\$10.00
E123	881367	REFRESH TEARS LUBRICANT EYE DROPS 2 PACK	0.5 OZ	\$20.00
E124	643940	WARMING EYE COMPRESS	1 CT	\$10.00

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
SOFT LENS CARE				
E127	284000	CONTACT LENS REWETTING DROPS	0.5 OZ	\$6.00
E128	695755	CONTACT LENS SOLUTION	24 OZ	\$14.00
E129	695753	CONTACT LENS SOLUTION	4 OZ	\$5.00
E130	458126	SALINE CONTACT SOLUTION 2 PACK	12 OZ	\$7.00
FACIAL CARE				
DERM CLEANSER				
F1	432838	FOAMING FACIAL CLEANSER	12 OZ	\$11.00
F2	550598	HYDRATING FACIAL CLEANSER	12 OZ	\$10.00
DERM MOISTURIZER				
F3	632583	HYDRATING FACIAL LOTION	3 OZ	\$13.00
F4	327779	HYDRATING FACIAL SERUM	1 OZ	\$17.00
F5	929469	MOISTURIZING FACIAL LOTION	3 OZ	\$13.00
F6	988581	REPAIRING EYE CREAM	0.5 OZ	\$14.00
FACIAL CLEANSER				
F7	848287	OLAY GENTLE FOAMING CLEANSER	6.78 OZ	\$7.00
FACIAL MOISTURIZERS				
F8	763250	OLAY DAILY MOISTURIZER WITH SUNSCREEN SPF 15	6 OZ	\$13.00
F9	872079	OLAY REGENERIST HYDRATING MOISTURIZER	1.7 OZ	\$33.00
F10	397983	OLAY RETINOL24 NIGHT HYDRATING MOISTURIZER	1.7 OZ	\$37.00
FEMININE CARE				
FULL SIZE PADS				
F51	872990	KOTEX CLEAN WEAR ULTRA THIN PADS WITH WINGS	18 CT	\$7.00
F52	872985	KOTEX CLEAN WEAR ULTRA THIN PADS WITH WINGS HEAVY	16 CT	\$7.00
F53	927025	MAXI PADS LONG SUPER	42 CT	\$4.00
F54	692443	MAXI PADS REGULAR	48 CT	\$4.00
F55	127200	MAXI PADS WITH WINGS LONG SUPER	32 CT	\$4.00
F56	842800	MAXI PADS WITH WINGS OVERNIGHT	36 CT	\$6.00
F58	872912	ULTRA THIN PADS LONG SUPER	40 CT	\$4.00
F59	836891	ULTRA THIN PADS WITH WINGS REGULAR	36 CT	\$4.00
INTIMATE CLEANSING				
F60	289061	CLEANSING WIPES FLUSHABLE FRAGRANCE FREE	32 CT	\$5.00
F62	318718	ITCH RELIEF VAGINAL CREME	1 OZ	\$6.00
LUBRICANTS/ MOISTURIZERS				
F63	418121	PERSONAL LUBRICANT	5.6 OZ	\$9.00
MEDICATION				
F64	420684	AZO MAXIMUM STRENGTH TABLETS	12 CT	\$10.00
F65	325394	CRANBERRY 450MG TABLETS	100 CT	\$14.00
F66	740732	MENSTRUAL PMS RELIEF	32 CT	\$7.00
F67	110601	PAMPRIN MENSTRUAL RELIEF TABLETS	20 CT	\$8.00
F68	738694	URINARY PAIN RELIEF	12 CT	\$5.00
F69	234554	URINARY PAIN RELIEF TABLETS	30 CT	\$8.00
F70 ‡	870916	UTI TEST STRIPS	3 CT	\$9.00

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UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
PREGNANCY TEST KITS				
F71	326808	PREGNANCY TEST	1 CT	\$6.00
SMALL SIZE PADS				
F72	470890	THINX FOR ALL MENSTRUAL BRIEFS BLACK L	1 CT	\$17.00
F73	664121	THINX FOR ALL MENSTRUAL BRIEFS BLACK M	1 CT	\$17.00
F74	625028	THINX FOR ALL MENSTRUAL BRIEFS BLACK S	1 CT	\$17.00
F75	501914	THINX FOR ALL MENSTRUAL BRIEFS BLACK XL	1 CT	\$17.00
TAMPONS				
F76	722537	MENSTRUAL CUP SIZE A	1 CT	\$22.00
F77	634864	MENSTRUAL CUP SIZE B	1 CT	\$22.00
F78	416639	TAMPONS MULTIPACK	34 CT	\$6.00
VAGINAL ANTIFUNGALS				
F80	721062	MICONAZOLE 1 DAY VAGINAL INSERT AND CREAM	1 CT	\$18.00
F81	333336	MICONAZOLE 7 DAY VAGINAL CREAM	1 CT	\$11.00
FIRST AID				
ACCESSORIES				
F100	455049	ARM SLING	1 CT	\$17.00
F101	337274	FINGER INJURY KIT	1 CT	\$6.00
F103	310272	VELCRO FINGER SPLINT	2 CT	\$6.00
ADHESIVE BANDAGES				
F104	257974	ADVANCED HEALING HYDROCOLLOID BANDAGES	8 CT	\$6.00
F105	241483	ANTIBACTERIAL ASSORTED BANDAGES	120 CT	\$12.00
F106	875957	ANTIBACTERIAL BANDAGES HEAVY DUTY FABRIC	20 CT	\$4.00
F107	951341	ANTIBACTERIAL BANDAGES HEAVY DUTY FABRIC	60 CT	\$8.00
F108	488598	ASSORTED BANDAGES VALUE PACK	200 CT	\$11.00
F109	259370	BUTTERFLY CLOSURES	12 CT	\$3.00
F110	383505	CLEAR BANDAGES	45 CT	\$4.00
F111	951344	FLEXIBLE FABRIC ANTIBACTERIAL BANDAGES	100 CT	\$9.00
F112	875952	FLEXIBLE FABRIC ANTIBACTERIAL BANDAGES	20 CT	\$3.00
F113	875951	FLEXIBLE FABRIC ANTIBACTERIAL BANDAGES	30 CT	\$3.00
F114	482019	HEAVY DUTY WATERPROOF BANDAGES	10 CT	\$4.00
F115	336846	LIQUID BANDAGE	0.3 OZ	\$6.00
F116	717967	SENSITIVE SKIN ADHESIVE BANDAGES	20 CT	\$5.00
F117	702514	SHEER BANDAGES ASSORTED	80 CT	\$4.00
F118	259372	WATERPROOF FINGER BANDAGES	20 CT	\$4.00
F119	894077	WATERPROOF TRANSPARENT DRESSINGS	8 CT	\$7.00
INSECTICIDE & PEST				
H203	407571	OFF! FAMILY CARE INSECT REPELLENT	4 OZ	\$11.00
IODINE				
F120	602441	IODINE	1 OZ	\$5.00
LICE				
F121	178608	LICE KILLING SHAMPOO	8 OZ	\$15.00
F122	870947	LICE SOLUTION KIT	1 CT	\$19.00

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
TREATMENTS				
F123	617928	ANTIBIOTIC PAIN AND SCAR OINTMENT	1 OZ	\$11.00
F125	219634	BACITRACIN OINTMENT	1 OZ	\$7.00
F126	109405	CALAMINE PLUS LOTION	6 OZ	\$7.00
F127	955322	CALAMINE PLUS SPRAY	4.1 OZ	\$9.00
F128	731192	CORTIZONE-10 ECZEMA CARE LOTION	3.5 OZ	\$14.00
F129	482649	EPSOM SALT	22 OZ	\$5.00
F130	963880	EXEDERM FLARE CONTROL CREAM	2 OZ	\$15.00
F131	832864	FREEZE WART REMOVER	2.7 OZ	\$17.00
F132	373019	HYDROCORTISONE 1% CREAM	1 OZ	\$4.00
F133	690242	HYDROCORTISONE 1% INTENSIVE HEALING CREAM	1 OZ	\$5.00
F134	373092	HYDROCORTISONE 1% OINTMENT	1 OZ	\$5.00
F135	550749	ITCH RELIEF CREAM	1 OZ	\$5.00
F136	334700	JOCK ITCH RELIEF CREAM	0.5 OZ	\$10.00
F137	311533	MERTHIOLATE	2 OZ	\$5.00
F138	531343	PETROLEUM JELLY	2.5 OZ	\$4.00
F139	444797	RUBBING ALCOHOL WIPES	40 CT	\$6.00
F140	322430	TRIPLE ANTIBIOTIC AND PAIN RELIEF OINTMENT	0.5 OZ	\$6.00
F141	702498	TRIPLE ANTIBIOTIC AND PAIN RELIEF OINTMENT	1 OZ	\$9.00
F142	219626	TRIPLE ANTIBIOTIC OINTMENT	1 OZ	\$8.00
F143	618348	TRIPLE ANTIBIOTIC PAIN & SCAR OINTMENT	0.5 OZ	\$7.00
F144	351170	WART REMOVAL	0.5 OZ	\$9.00
F145	482021	WART REMOVER CLEAR STRIPS	14 CT	\$8.00
F146	946095	WITCH HAZEL SPRAY	6 OZ	\$8.00
F147	219642	ZINC OXIDE OINTMENT	1 OZ	\$4.00
WOUND CARE				
F148	830970	CLOTH TAPE 1IN X 10YD	2 CT	\$6.00
F149	547273	DERMOPLAST PAIN AND ITCH SPRAY	2.75 OZ	\$15.00
F150	893119	GAUZE PADS 2X2 STERILE	25 CT	\$4.00
F151	935683	GAUZE PADS 2X3 NON-STICK	25 CT	\$6.00
F152	893120	GAUZE PADS 3X3 STERILE	25 CT	\$5.00
F153	893125	GAUZE PADS 3X4 NON-STICK	10 CT	\$5.00
F154	893121	GAUZE PADS 4X4 STERILE	25 CT	\$7.00
F155	894104	GAUZE ROLL 4IN X 2YDS	1 CT	\$4.00
F156	102994	HIBICLENS LIQUID	8 OZ	\$15.00
F157	330703	LIDOCAINE BURN RELIEF GEL	8 OZ	\$7.00
F158	991269	NITRILE EXAM GLOVES LARGE	50 CT	\$15.00
F159	991272	NITRILE EXAM GLOVES ONE SIZE FITS MOST	120 CT	\$30.00
F160	336795	NON-IRRITATING PAPER TAPE FOR SENSITIVE SKIN	1 CT	\$4.00
F161	615637	PAIN-FREE 1IN WRAP	2 CT	\$5.00
F162	210000	PAIN-FREE 2IN WRAP	1 CT	\$6.00
F163	249816	SCAR GEL	0.7 OZ	\$20.00
F164	489905	SURGICAL FACE MASKS	25 CT	\$14.00

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F166	964606	WATERPROOF ADHESIVE TAPE 1/2IN X 5YD	1 CT	\$2.00
F167	270351	WATERPROOF TRANSPARENT DRESSINGS ASSORTED	10 CT	\$9.00
F168	270304	WATERPROOF TRANSPARENT DRESSINGS LARGE	4 CT	\$14.00
F169	998839	WOUND CARE KIT SMALL/MEDIUM 30 PIECES	1 CT	\$15.00
F170	209024	WOUND WASH	6 OZ	\$5.00
FITNESS				
D10 ① ‡	864739	DIGITAL BODY SCALE	1 CT	\$16.00
D11	674284	FOAM ROLLER	1 CT	\$20.00
D12	654969	GAIAM CLASSIC SPEED ROPE	1 CT	\$10.00
D13	635468	GAIAM RESTORE LOOP BANDS	3 CT	\$15.00
D14	374765	HAND HELD MASSAGER	1 CT	\$13.00
FOOT CARE				
ANTIFUNGAL				
F200	859684	ANTI-FUNGAL POWDER	2.5 OZ	\$9.00
F201	334067	ATHLETE'S FOOT ANTIFUNGAL POWDER SPRAY	4.6 OZ	\$10.00
F202	521682	ATHLETE'S FOOT ANTIFUNGAL CREAM	1 OZ	\$12.00
F203	211003	CLOTRIMAZOLE 1% CREAM	0.5 OZ	\$7.00
F204	743609	FUNGAL NAIL RENEWAL TREATMENT	0.33 OZ	\$25.00
CORN/ CALLOUS/ BUNION				
F205	139231	CORN AND CALLOUS REMOVER KIT	1 CT	\$6.00
F206	334560	GEL TOE PROTECTOR	1 CT	\$6.00
F207	669939	GEL TOE SPACERS VALUE PACK	6 CT	\$9.00
F208	314468	MEDICATED CORN CUSHION	9 CT	\$5.00
F209	894580	MOLESKIN PADDING	2 CT	\$5.00
F210	267828	WART REMOVER LIQUID	0.5 OZ	\$10.00
FOOT PAIN RELIEF				
F211	894776	PLANTAR FASCIITIS GEL ARCH SLEEVE	1 CT	\$12.00
INSOLES				
F212	489144	DOUBLE AIR FOAM CUSHIONING INSOLES ONE SIZE	1 CT	\$4.00
F213	439596	MEN'S GEL HEEL CUSHION	1 CT	\$8.00
F214	439653	WOMEN'S GEL HEEL CUSHION	1 CT	\$8.00
ODOR/ WETNESS				
F215	229790	FOOT POWDER	10 OZ	\$9.00
F216	334566	ODOR CONTROL SPRAY POWDER	4 OZ	\$6.00
HAIR ACCESSORIES				
GROOMING				
H1	447036	CONAIR HAIR PICK	3 CT	\$4.00
H2	516310	HAIR BRUSH	1 CT	\$4.00
H3	371303	HAIR COMBS	3 CT	\$4.00
H4	226674	SHOWER CAPS	4 CT	\$10.00
HAIR CARE				
HAIR REGROWTH				
H6	242125	WOMEN'S HAIR REGROWTH TREATMENT SOLUTION	2 OZ	\$25.00

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
SHAMPOO/ CONDITIONER				
H7	952394	DANDRUFF SHAMPOO	14.2 OZ	\$6.00
H8	248570	HEAD & SHOULDER CLASSIC CLEAN	12.5 OZ	\$7.00
H9	971257	NIZORAL ANTI-DANDRUFF SHAMPOO	4 OZ	\$14.00
H10	887911	PANTENE PRO-V DAILY MOISTURE CONDITONER	10.4 OZ	\$6.00
H11	887910	PANTENE PRO-V DAILY MOISTURE SHAMPOO	12 OZ	\$6.00
H12	970245	SCALP RELIEF SERUM	2.5 OZ	\$9.00
HAND & BODY				
HAND & FOOT				
H51	275530	EUCERIN ADVANCED REPAIR HAND CREAM	2.7 OZ	\$8.00
THERAPEUTIC				
H52	147648	ADVANCED HEALING OINTMENT	1.75 OZ	\$4.00
H53	399584	AQUAPHOR HEALING OINTMENT	14 OZ	\$24.00
H54	329818	CERAVE DIABETICS' DRY SKIN CREAM	8 OZ	\$12.00
H55	212846	CERAVE ECZEMA RELIEF CREAMY OIL	8 OZ	\$20.00
H56	270085	CERAVE PSORIASIS CREAM	8 OZ	\$26.00
H57	905369	ECZEMA CARE MOISTURIZING CREAM	12 OZ	\$15.00
H58	282867	ECZEMA CARE MOISTURIZING CREAM	7.3 OZ	\$12.00
H59	992500	ECZEMA RELIEF CREAM	8 OZ	\$10.00
H60	457492	EUCERIN ADVANCED REPAIR LOTION	16.9 OZ	\$14.00
H61	483135	INTENSE DRY SKIN THERAPY LOTION	16.9 OZ	\$9.00
H62	246784	SCAR GEL	1.76 OZ	\$20.00
H63	447703	SKIN THERAPY LOTION	5.5 OZ	\$6.00
H114	193503	GOLD BOND DIABETICS' DRY SKIN LOTION	4.5 OZ	\$11.00
HOME DIAGNOSTICS				
CARE AND ACCESSORIES				
H112	130344	ALCOHOL PREP PADS	100 CT	\$3.00
H115	418797	NEUROPATHY RUBBING OIL	2 OZ	\$23.00
H117	882127	SHARPS CONTAINER	1 CT	\$14.00
GLUCOSE TABLETS				
H120	149650	GLUCOSE TABLETS ORANGE	10 CT	\$2.00
H121	149647	GLUCOSE TABLETS ORANGE	50 CT	\$6.00
H122	149616	GLUCOSE TABLETS RASPBERRY	50 CT	\$6.00
H123 ‡	306412	KETONE TEST STRIPS	50 CT	\$11.00
H124	732550	LANCETS MICRO-THIN 33 GAUGE	100 CT	\$7.00
H125	149668	LANCETS THIN 28 GAUGE	100 CT	\$7.00
H126	235157	LANCETS ULTRA-THIN 30 GAUGE	100 CT	\$7.00
H127	343477	LANCING DEVICE	1 CT	\$9.00
HOME HEALTH CARE				
AIDES FOR DAILY LIVING				
H150	868916	3X GLASS POCKET MAGNIFIER	1 CT	\$9.00
H153	792517	INFLATABLE RUBBER CUSHION SEAT	1 CT	\$18.00
H156 🚚	493768	SAFER LOCK BOX	1 CT	\$17.00

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UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
BATH SAFETY				
H161 ①	741740	MEDLINE HANDHELD SHOWER HEAD	1 CT	\$22.00
H163 ㉓	861900	RUBBER BATH MAT	1 CT	\$20.00
H166	792495	SUCTION GRAB BAR	1 CT	\$18.00
CANES/ CRUTCHES				
H168	980705	CANE TIP 3/4IN BLACK	1 CT	\$5.00
COMMODES/ TOILETTE SEATS				
H177	792500	COMMODE LINERS	12 CT	\$17.00
H178	741737	MALE URINAL	1 CT	\$13.00
HOUSEHOLD				
CLEANERS				
H200	942211	ANTIBACTERIAL DISINFECTANT SPRAY	12.5 OZ	\$6.00
H201	962813	DISINFECTING WIPES	75 CT	\$6.00
FACIAL TISSUE				
H204	265212	FACIAL TISSUES 8 PACK	10 CT	\$3.00
H205	860410	KLEENEX SLIM PACK TISSUE 3 PACK	10 CT	\$3.00
H206	390195	WALLET FACIAL TISSUES 6 PACK	10 CT	\$5.00
HOUSEWARES				
LIGHTS				
H207	278510	INDOOR NIGHT LIGHTS	2 CT	\$8.00
LAUNDRY				
DETERGENT				
L1	279013	LAUNDRY DETERGENT PACKS	24 CT	\$9.00
QUIT SMOKING SUPPORT				
LOZENGE				
N1	398300	NICOTINE LOZENGES 2MG SUGAR FREE CITRUS	20 CT	\$12.00
N2	971448	NICOTINE LOZENGES 2MG SUGAR FREE MINT	20 CT	\$12.00
N3	331733	NICOTINE LOZENGES 2MG SUGAR FREE MINT	48 CT	\$27.00
N4	398338	NICOTINE LOZENGES 4MG SUGAR FREE CITRUS	20 CT	\$12.00
N5	971444	NICOTINE LOZENGES 4MG SUGAR FREE MINT	20 CT	\$12.00
N6	331727	NICOTINE LOZENGES 4MG SUGAR FREE MINT	48 CT	\$27.00
NICOTINE GUM				
N7	968554	NICOTINE GUM 2MG SUGAR FREE ASSORTED FRUIT	20 CT	\$12.00
N9	720014	NICOTINE GUM 2MG SUGAR FREE ORIGINAL FLAVOR	20 CT	\$12.00
N10	968555	NICOTINE GUM 4MG SUGAR FREE ASSORTED FRUIT	20 CT	\$12.00
N12	979096	NICOTINE GUM 4MG SUGAR FREE MINT	20 CT	\$12.00
N13	720035	NICOTINE GUM 4MG SUGAR FREE ORIGINAL FLAVOR	20 CT	\$12.00
NICOTINE PATCHES				
N14	173013	NICOTINE TRANSDERMAL 14MG PATCH STEP 2	14 CT	\$39.00
N15	133177	NICOTINE TRANSDERMAL 21MG PATCH STEP 1	14 CT	\$39.00
N17	338618	NICOTINE TRANSDERMAL 7MG PATCH STEP 3	14 CT	\$39.00
ORAL HYGIENE				
DENTAL FLOSS				
O1	469085	DENTAL FLOSS MINT 43.7YD	1 CT	\$4.00

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
02	933844	DENTAL FLOSS MINT 43.7YD	2 CT	\$6.00
03	454381	FLOSS PICKS	90 CT	\$3.00
04	853023	FLOSS PICKS MINT	150 CT	\$4.00
05	454376	FLOSS PICKS MINT	90 CT	\$3.00
06	978931	FLOSS PICKS SENSITIVE	90 CT	\$3.00
07	378509	KIDS' FLOSSERS	75 CT	\$4.00
DENTURE				
08	230196	DENTURE ADHESIVE CREAM	2.4 OZ	\$5.00
09	213330	DENTURE CLEANSER EFFERVESCENT TABLETS	40 CT	\$3.00
010	122340	DENTURE CLEANSER EFFERVESCENT TABLETS MINT	84 CT	\$7.00
011	235332	FIXODENT ULTRA DENTURE ADHESIVE CREAM	2.2 OZ	\$9.00
INTERDENTAL				
012	902457	COMFORT NIGHTTIME DENTAL GUARDS	2 CT	\$20.00
013	695117	DENTAL TOOL KIT	1 CT	\$8.00
014	246932	EASEBETWEEN GENTLE PICKS	120 CT	\$9.00
017	377971	INTERDENTAL PICKS ADVANCED SUPER SOFT	60 CT	\$6.00
018	572131	TONGUE BRUSHES	2 CT	\$6.00
MANUAL TOOTHBRUSHES				
019	974657	CHILDREN'S STRIPE TOOTHBRUSHES	2 CT	\$4.00
020	682983	CLEAN PRO TOOTHBRUSHES SOFT	6 CT	\$6.00
021	956360	CLEAR PRO TOOTHBRUSHES MEDIUM	3 CT	\$3.00
023	756402	CROSS ANGLE MULTIPRO TOOTHBRUSHES MEDIUM	2 CT	\$6.00
024	813099	LIGHT-UP TIMER TOOTHBRUSH	2 CT	\$6.00
025	972670	ORAL-B SENSITIVE SOFT TOOTHBRUSHES	2 CT	\$8.00
026	956183	PULSATING TOOTHBRUSH MEDIUM	2 CT	\$11.00
027	453008	PULSATING TOOTHBRUSH SOFT	2 CT	\$11.00
028	822225	TOOTHBRUSH COVERS	4 CT	\$2.00
029	910693	TOOTHBRUSH SOFT	1 CT	\$1.00
030	897755	TOOTHBRUSHES MEDIUM	2 CT	\$6.00
031	248185	ULTIMATE CLEAN TOOTHBRUSHES SOFT	10 CT	\$10.00
MOUTHWASH				
032	336263	ANTISEPTIC MOUTHWASH BLUE MINT	8.45 OZ	\$4.00
034	212209	LISTERINE COOL MINT MOUTHWASH	8.45 OZ	\$5.00
035	877796	PEROXIDE SORE MOUTH CLEANSER	8 OZ	\$6.00
ORAL ANALGESIC				
038	258802	MOUTH SORE RINSE	16 OZ	\$8.00
039	997166	ORAL ANESTHETIC LIQUID	0.5 OZ	\$7.00
040	933834	ORAL PAIN RELIEF GEL	0.33 OZ	\$6.00
041	695108	TEMPORARY LOST FILLING AND LOOSE CAP REPAIR	1 CT	\$4.00
042	933833	TOOTHACHE AND GUM RELIEF GEL	0.25 OZ	\$9.00
PORTABLE BREATH CARE				
043	379375	BIOTENE DRY MOUTH LOZENGES SUGAR FREE MINT	27 CT	\$10.00
044	497555	BIOTENE MOISTURIZING MOUTH SPRAY	1.5 OZ	\$10.00

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UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
O45	259189	DRY MOUTH MELTING DISCS	40 CT	\$9.00
O46	998700	MOISTURIZING ORAL SPRAY 2 PACK	0.25 OZ	\$3.00
POWER TOOTHBRUSHES				
O50	341166	EASYFLEX REPLACEMENT BRUSH HEADS	3 CT	\$25.00
O53	214174	ORAL-B COMPLETE BATTERY TOOTHBRUSH	1 CT	\$9.00
O54	214176	ORAL-B COMPLETE REPLACEMENT BRUSH HEADS	2 CT	\$9.00
O57	725922	ORAL-B PRO-HEALTH CLINICAL POWER TOOTHBRUSH	1 CT	\$20.00
O60	808698	PROFESSIONAL CLEAN POWER TOOTHBRUSH WITH REPLACEMENT BRUSH HEAD	1 CT	\$9.00
TOOTHPASTE				
O64	795997	BIOTENE TOOTHPASTE	4.3 OZ	\$10.00
O65	237416	COLGATE SENSITIVE WHITENING ANTICAVITY TOOTHPASTE	6 OZ	\$7.00
O66	237544	COLGATE STAIN FIGHTER ANTICAVITY TOOTHPASTE	4.2 OZ	\$5.00
O67	100032	CREST CAVITY PROTECTION FLUORIDE ANTICAVITY TOOTHPASTE	5.7 OZ	\$3.00
O68	705527	CREST COMPLETE TOOTHPASTE WITH SCOPE	5.4 OZ	\$5.00
O69	234585	CREST COMPLETE TOOTHPASTE WITH SCOPE 2 PACK	5.4 OZ	\$8.00
O71	234697	CREST SENSITIVE AND ENAMEL SHIELD TOOTHPASTE	4.3 OZ	\$5.00
O72	246165	CREST TARTAR PROTECTION TOOTHPASTE	5.7 OZ	\$3.00
O74	502119	GUM HEALTH TOOTHPASTE	4.1 OZ	\$5.00
O75	452206	KID'S CREST FLUORIDE ANTICAVITY TOOTHPASTE	4.6 OZ	\$4.00
O76	369717	PARODONTAX TOOTHPASTE	3.4 OZ	\$9.00
O77	368775	SENSITIVE TOOTHPASTE	3.4 OZ	\$5.00
O78	307117	SENSITIVE TOOTHPASTE EXTRA WHITENING	4 OZ	\$5.00
O79	414261	SENSODYNE PRONAMEL TOOTHPASTE	4 OZ	\$9.00
O80	485907	SENSODYNE PRONAMEL WHITENING TOOTHPASTE	4 OZ	\$9.00
O81	201228	SENSODYNE TOOTHPASTE	4 OZ	\$9.00
WHITENING KITS				
O82	942304	CREST WHITENING STRIPS	10 CT	\$25.00
O83	857242	TEETH WHITENING PEN	1 CT	\$12.00
PAIN RELIEVERS				
ACETAMINOPHEN				
P1	301424	ACETAMINOPHEN 325MG TABLETS	100 CT	\$8.00
P2	879536	ACETAMINOPHEN 500MG CAPLETS	225 CT	\$13.00
P3	371914	ACETAMINOPHEN 500MG CAPLETS	100 CT	\$8.00
P4	686584	ACETAMINOPHEN 500MG CAPLETS	24 CT	\$5.00
P5	317581	ACETAMINOPHEN 500MG GELCAPS	100 CT	\$9.00
P6	317583	ACETAMINOPHEN 500MG GELCAPS	50 CT	\$7.00
P7	695051	ACETAMINOPHEN 500MG LIQUID CHERRY	8 OZ	\$8.00
P8	132704	ACETAMINOPHEN 500MG TABLETS	100 CT	\$9.00
P9	193588	ARTHRITIS PAIN RELIEF 650MG CAPLETS	100 CT	\$9.00
P10	199239	ARTHRITIS PAIN RELIEF 650MG CAPLETS	24 CT	\$6.00
P11	154641	TYLENOL EXTRA STRENGTH CAPLETS 500MG	24 CT	\$7.00

Oral Health for Women Who are Pregnant



Dental care is important and safe during pregnancy. The changes that happen in the body during pregnancy can lead to different types of swelling and issues in the mouth. The health of a mother affects the health of a baby. For example, the germs that cause tooth infections (cavities) can be passed from a mother to her child.

6 Oral Tips for Women Who are Pregnant

- See a dentist as early in your pregnancy as possible
- Brush teeth twice a day with fluoridated toothpaste
- Floss once a day
- Choose healthy snacks and avoid foods and drinks containing sugar
- Drink fluoridated tap water

If you are pregnant and don't have a dentist, please contact us. Women who are pregnant have dental benefits at no cost to you.

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
APOTHECARY				
P13	460706	4-A-DAY WEEKLY PILL CASE	1 CT	\$11.00
P14	715123	7-DAY PILL BOX	1 CT	\$2.00
P15	217709	AM/PM PILL CASE	1 CT	\$2.00
P16	728132	EAR SYRINGE AND NASAL ASPIRATOR	2 CT	\$6.00
P17	643906	MEDICAL ID BRACELET	1 CT	\$10.00
P18	715154	ORAL SYRINGE	1 CT	\$4.00
P19	869091	PILL CRUSHER	1 CT	\$10.00
P20	460696	TABLET CUTTER	1 CT	\$7.00
P21	715130	WEEKLY AM/PM PILL PLANNER	1 CT	\$10.00
ASPIRIN				
P22	152314	ASPIRIN 325MG TABLETS	100 CT	\$5.00
P23	695034	BACK AND BODY EXTRA STRENGTH CAPLETS	100 CT	\$10.00
P24	906001	EXCEDRIN MIGRAINE RELIEF	100 CT	\$15.00
P25	109017	HEADACHE RELIEF CAPLETS	100 CT	\$10.00
P26	695041	HEADACHE RELIEF GELTABS	80 CT	\$10.00
P27	695036	MIGRAINE RELIEF CAPLETS	100 CT	\$10.00
P28	185226	MIGRAINE RELIEF CAPLETS	24 CT	\$5.00
BACK/ LEG ANALGESICS				
P29	389200	NERVIVE NERVE RELIEF TABLETS	30 CT	\$28.00
CHILD'S ANALGESICS				
P30	291741	CHILDREN'S ACETAMINOPHEN 160MG CHEWABLE TABLETS GRAPE	24 CT	\$6.00
P31	521351	CHILDREN'S ACETAMINOPHEN 160MG LIQUID BUBBLEGUM	4 OZ	\$6.00
P33	261925	CHILDREN'S IBUPROFEN 100MG LIQUID BERRY	4 OZ	\$6.00
P34	191238	CHILDREN'S IBUPROFEN 100MG LIQUID BUBBLEGUM	4 OZ	\$6.00
P35	196330	CHILDREN'S IBUPROFEN 100MG LIQUID GRAPE	4 OZ	\$6.00
HEART HEALTH				
P37	140897	ASPIRIN 325MG TABLETS	125 CT	\$8.00
P38	547802	ASPIRIN 81MG CHEWABLE TABLETS ORANGE	36 CT	\$2.00
P39	126148	ASPIRIN 81MG CHEWABLE TABLETS ORANGE	108 CT	\$8.00
P40	230268	ASPIRIN 81MG TABLETS	120 CT	\$5.00
P41	346248	ASPIRIN 81MG TABLETS	200 CT	\$10.00
P42	126623	ASPIRIN 81MG TABLETS	300 CT	\$11.00
P43	419423	ASPIRIN 81MG TABLETS	32 CT	\$3.00
P44	271531	ASPIRIN 81MG TABLETS	500 CT	\$14.00
P45	695200	BAYER ASPIRIN 81MG TABLETS	300 CT	\$18.00
IBUPROFEN				
P46	164020	ADVIL 200MG TABLETS	50 CT	\$9.00
P47	144778	IBUPROFEN 200MG CAPLETS	100 CT	\$9.00
P48	374714	IBUPROFEN 200MG MINI SOFTGELS	80 CT	\$9.00
P49	306397	IBUPROFEN 200MG SOFTGELS	80 CT	\$9.00
P50	213634	IBUPROFEN 200MG SOFTGELS	160 CT	\$15.00
P52	923748	IBUPROFEN 200MG TABLETS	500 CT	\$19.00
P53	713233	IBUPROFEN 200MG TABLETS	200 CT	\$13.00

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
P54	371948	IBUPROFEN 200MG TABLETS	50 CT	\$4.00
P55	678107	IBUPROFEN MIGRAINE 200MG SOFTGELS	20 CT	\$4.00
P56	951775	MOTRIN IB 200MG COATED CAPLETS	225 CT	\$21.00
NAPROXEN				
P57	695196	ALEVE 220MG CAPLETS	100 CT	\$13.00
P58	483469	ALEVE 220MG TABLETS	50 CT	\$10.00
P59	263652	NAPROXEN SODIUM 220MG CAPLETS	90 CT	\$9.00
P60	879445	NAPROXEN SODIUM 220MG TABLETS	200 CT	\$15.00
P61	299470	NAPROXEN SODIUM 220MG TABLETS	24 CT	\$4.00
P62	299472	NAPROXEN SODIUM 220MG TABLETS	50 CT	\$7.00
P63	340744	NAPROXEN SODIUM 220MG TABLETS BACK AND MUSCLE PAIN	24 CT	\$4.00
PAIN RELIEVER GEL				
P64	441099	PAIN RELIEVER GEL	3.5 OZ	\$15.00
P65	343806	VOLTAREN ARTHRITIS PAIN RELIEVER GEL	3.5 OZ	\$20.00
PMS				
P66	456231	MENSTRUAL PAIN RELIEF	24 CT	\$6.00
SLEEP AIDS				
P67	245414	ACETAMINOPHEN PM 500MG CAPLETS	24 CT	\$5.00
P68	124886	ACETAMINOPHEN PM 500MG CAPLETS	100 CT	\$10.00
P69	475817	IBUPROFEN PM 200MG CAPLETS	20 CT	\$5.00
P70	263674	MELATONIN 10MG CAPSULES	120 CT	\$18.00
P72	268542	MELATONIN 10MG GUMMIES STRAWBERRY	60 CT	\$13.00
P73	376137	MELATONIN 10MG TABLETS	60 CT	\$11.00
P74	892422	MELATONIN 12MG TABLETS	90 CT	\$15.00
P75	419642	MELATONIN 3MG TABLETS	120 CT	\$9.00
P76	343538	MELATONIN 5MG GUMMIES STRAWBERRY	60 CT	\$11.00
P77	454600	MELATONIN 5MG TABLETS	120 CT	\$11.00
P78	866534	MELATONIN 5MG TABLETS	90 CT	\$9.00
P79	374425	NAPROXEN SODIUM PM CAPLETS	20 CT	\$6.00
P80	918867	SLEEP-AID 25MG SOFTGELS	24 CT	\$8.00
P81	960108	SLEEP-AID 25MG TABLETS	96 CT	\$16.00
P82	918861	SLEEP-AID 50MG LIQUID BERRY	12 OZ	\$8.00
P83	933380	SLEEP-AID 50MG LIQUID BERRY	6 OZ	\$5.00
P84	222633	SLEEP-AID 50MG SOFTGELS	200 CT	\$30.00
P85	864199	SLEEP-AID 50MG SOFTGELS	32 CT	\$9.00
P86	882205	VICKS ZZZQUIL NIGHTTIME SLEEP-AID LIQUICAPS	24 CT	\$11.00
P87	882207	VICKS ZZZQUIL NIGHTTIME SLEEP-AID LIQUID WARMING BERRY	12 OZ	\$11.00
P88	233770	VICKS ZZZQUIL PURE ZZZS GUMMIES WILDBERRY VANILLA	48 CT	\$20.00
PERSONAL CLEANSING				
BODY WASH				
P100	103571	AVEENO SKIN RELIEF BODY WASH FRAGRANCE FREE	12 OZ	\$10.00
P101	341102	MOISTURIZING BODY WASH	22 OZ	\$7.00
P102	448047	NIVEA MEN'S SENSITIVE BODY WASH	16.9 OZ	\$6.00

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UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
P103	264733	SENSITIVE SKIN BODY WASH	22 OZ	\$7.00
HAND SANITIZER				
P107	669862	PURELL HAND SANITIZER	4 OZ	\$4.00
SOAP				
P108	809971	IVORY BAR SOAP 10 PACK	3.1 OZ	\$9.00
P109	485926	SOFTSOAP LIQUID HAND SOAP	7.5 OZ	\$3.00
TALCUMS/ DUST POWDER				
P110	227230	MEDICATED BODY POWDER	10 OZ	\$7.00
PERSONAL INTIMACY				
CONDOMS				
P120	306050	TROJAN ENZ LUBRICATED CONDOMS	12 CT	\$9.00
P121	238881	TROJAN ULTRA THIN LUBRICATED CONDOMS	3 CT	\$4.00
FEMALE CONTRACEPTIVE				
P122	981074	VCF VAGINAL CONTRACEPTIVE GEL PRE FILLED APPLICATORS	10 CT	\$15.00
PERSONAL LUBRICANTS				
P123	347656	PERSONAL LUBRICANT LIQUID	2.5 OZ	\$9.00
READING GLASSES				
R1 	592158	READERS +1.50 - ASSORTED	3 CT	\$20.00
R2 	712934	READERS +2.00 - ASSORTED	3 CT	\$20.00
R3 	923978	READERS +2.50 - ASSORTED	3 CT	\$20.00
R4 	600741	READERS +2.75 - ASSORTED	3 CT	\$20.00
R5 	639298	READERS +3.25 - ASSORTED	3 CT	\$20.00
R6 	583101	READERS +1.50 - BLACK	1 CT	\$14.00
R7 	630719	READERS +2.00 - BLACK	1 CT	\$14.00
R8 	604172	READERS +2.50 - BLACK	1 CT	\$14.00
R9 	706600	READERS +2.75 - BLACK	1 CT	\$14.00
R10 	632602	READERS +3.25 - BLACK	1 CT	\$14.00
SHAVING NEEDS				
DISPOSABLE RAZORS				
S1	339521	2 BLADE DISPOSABLE RAZORS	3 CT	\$3.00
S2	339520	DISPOSABLE RAZORS	3 CT	\$3.00
S3	235378	GILLETTE SENSOR 3 DISPOSABLE RAZORS	4 CT	\$9.00
S4	313622	GILLETTE WOMEN'S SENSITIVE DISPOSABLE RAZORS	3 CT	\$11.00
S5	995726	MEN'S DISPOSABLE RAZORS	12 CT	\$7.00
SHAVE CREAMS				
S7	103655	GILLETTE MEN'S FOAMY SHAVE CREAM	11 OZ	\$4.00
SUNCARE				
AFTER SUN/ BURN				
S20	985326	AFTERSUN ALOE VERA GREEN GEL	20 OZ	\$7.00
S21	401538	AFTERSUN ALOE VERA SOOTHING SPRAY	6 OZ	\$10.00
CHILD/ BABY				
S22	401537	CHILDREN'S CLEAR SPRAY SUNSCREEN SPF 50	6 OZ	\$9.00
S23	197863	COPPERTONE BABY TEAR FREE SUNSCREEN SPF 50	6 OZ	\$14.00

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
GENERAL PROTECTION SKIN				
S24	822572	SPORT SUNSCREEN SPF 100 CONTINUOUS SPRAY	6 OZ	\$10.00
S25	478059	SPORT SUNSCREEN SPF 50 CONTINUOUS SPRAY	6 OZ	\$9.00
S26	308277	SPORT SUNSCREEN SPF 50 LOTION	8 OZ	\$10.00
S27	794661	SPORT SUNSCREEN SPF 70 CONTINUOUS SPRAY	6 OZ	\$10.00
S28	720856	ULTRA SHEER DRY TOUCH SUNBLOCK SPF 45	3 OZ	\$10.00
S29	478041	ULTRA SHEER SUNSCREEN LOTION SPF 55	3 OZ	\$10.00
VITAMINS				
BONE JOINT CARE				
V1 ‡	349455	GLUCOSAMINE CHONDROITIN + D3 CAPLETS	100 CT	\$31.00
V2 ‡	145514	GLUCOSAMINE CHONDROITIN REGULAR STRENGTH TABLETS	150 CT	\$25.00
V3 ‡	247303	GLUCOSAMINE CHONDROITIN TRIPLE STRENGTH CAPLETS	120 CT	\$42.00
V4 ‡	451093	GLUCOSAMINE CHONDROITIN TRIPLE STRENGTH CAPLETS	240 CT	\$66.00
V5 ‡	166790	GLUCOSAMINE CHONDROITIN TRIPLE STRENGTH CAPLETS	80 CT	\$32.00
V6 ‡	247302	GLUCOSAMINE CHONDROITIN WITH MSM DOUBLE STRENGTH TABLETS	90 CT	\$28.00
CALCIUM				
V7 ‡	889908	CALCIUM 500MG + D3 25MCG GUMMIES	50 CT	\$12.00
V8 ‡	287250	CALCIUM 500MG + D3 25MCG GUMMIES	60 CT	\$12.00
V12 ‡	145485	CALCIUM CITRATE + D3 TABLETS	120 CT	\$14.00
V13 ‡	244798	CALCIUM MAGNESIUM + ZINC TABLETS	100 CT	\$5.00
COENZYME				
V14 ‡	122869	COQ-10 50MG SOFTGELS	45 CT	\$12.00
V15 ‡	184708	COQ-10 100MG SOFTGELS	45 CT	\$27.00
V16 ‡	710797	COQ-10 200MG SOFTGELS	108 CT	\$54.00
V17 ‡	459957	COQ-10 400MG SOFTGELS	39 CT	\$49.00
V18 ‡	968084	QUNOL ULTRA COQ-10 100MG SOFTGELS	30 CT	\$28.00
V19 ‡	968085	QUNOL ULTRA COQ-10 100MG SOFTGELS	60 CT	\$45.00
COGNITIVE				
V20 ‡	592601	5-FUNCTION BRAIN HEALTH SOFTGELS	30 CT	\$30.00
V21 ‡	632558	6-FUNCTION BRAIN HEALTH SOFTGELS	30 CT	\$44.00
V22	714451	COGNITIVE HEALTH EXTRA STRENGTH CAPSULES	30 CT	\$35.00
V23	181022	NEURIVA BRAIN PERFORMANCE CAPSULES	30 CT	\$44.00
V24 ‡	888292	PREVAGEN REGULAR STRENGTH CAPSULES	30 CT	\$43.00
EAR/ EYE				
V25 ‡	341637	INNER EAR PLUS CAPLETS	100 CT	\$28.00
V26 ‡	797751	LUTEIN 40MG SOFTGELS	30 CT	\$19.00
V27 ‡	460687	NATURAL LUTEIN 20MG SOFTGELS	60 CT	\$16.00
V28 ‡	449050	VISION HEALTH SUPPLEMENT	60 CT	\$19.00
FISH OIL				
V29	357343	FISH OIL 1000MG SOFTGELS	120 CT	\$11.00
V30 ‡	849036	FISH OIL 1000MG SOFTGELS	200 CT	\$15.00
V31 ‡	366732	FISH OIL 1200MG SOFTGELS	200 CT	\$18.00
V32 ‡	308698	OMEGA-3 FISH OIL ENHANCED WITH KRILL OIL 500MG SOFTGELS	80 CT	\$35.00

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Helpful Tips When Pregnant

Early care and regular visits are very important

- Keep all your appointments. We can help you find a doctor or get to your appointments
- Avoid alcohol and nicotine; you should not drink or smoke while you are pregnant
- If you have had a problem with drugs or alcohol, your doctor can talk to you about ways to help
- Eat a healthy diet
- Exercise regularly. Speak to your doctor before beginning any exercise program
- Make a birth plan to help you have the delivery you want
- Find out when your doctor wants to see you after delivery

Hear Her Texas



<https://www.dshs.texas.gov/maternal-child-health/programs-activities-maternal-child-health/hear-her-texas>



Urgent Maternal Warning Signs:

- Headache that won't go away or gets worse over time
- Dizziness or fainting
- Thoughts about hurting yourself or your baby
- Changes in your vision
- Fever
- Trouble breathing
- Chest pain or fast-beating heart
- Severe belly pain that doesn't go away
- Severe nausea and throwing up (not like morning sickness)
- Baby's movements stopping or slowing during pregnancy
- Vaginal bleeding or fluid leaking during or after pregnancy
- Swelling, redness, or pain of your leg
- Extreme swelling of your hands or face
- Overwhelming tiredness

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
V33 ‡	717912	OMEGA-3 KRILL OIL 350MG ANTARCTIC PURE SOFTGELS	60 CT	\$26.00
V34 ‡	870668	OMEGA-3 KRILL OIL 500MG ANTARCTIC PURE SOFTGELS	45 CT	\$28.00
HAIR/ SKIN/ NAILS				
V35 ‡	271097	COLLAGEN + VITAMIN C TABLETS	120 CT	\$13.00
V36 ‡	928914	HAIR, SKIN & NAILS CAPLETS	200 CT	\$22.00
V37 ‡	460133	HAIR, SKIN & NAILS CAPLETS	60 CT	\$12.00
HERBAL SUPPLEMENTS				
V38 ‡	710800	5-HTP 200MG CAPSULES	30 CT	\$12.00
V39	432062	BLACK ELDERBERRY GUMMIES	60 CT	\$19.00
V40 ‡	710802	CINNAMON 1000MG CAPSULES	180 CT	\$16.00
V41 ‡	305663	CRANBERRY 500MG CAPSULES	60 CT	\$16.00
V42 ‡	184707	FLAXSEED OIL 1000MG SOFTGELS	100 CT	\$14.00
V43 ‡	277439	FLAXSEED OIL 1000MG SOFTGELS	250 CT	\$23.00
V44 ‡	273868	GARLIC 400MG ODORLESS TABLETS	200 CT	\$11.00
V45 ‡	305315	GINGER ROOT 550MG CAPSULES	100 CT	\$15.00
V46 ‡	452271	MENOPAUSE SUPPORT CAPLETS	28 CT	\$19.00
V47 ‡	273799	SAW PALMETTO 450MG CAPSULES	250 CT	\$27.00
V48 ‡	337711	TURMERIC CURCUMIN 500MG CAPSULES	60 CT	\$10.00
IRON/ MAGNESIUM/ ZINC				
V50 ‡	246181	MAGNESIUM 250MG CAPLETS	100 CT	\$4.00
V53 ‡	965748	TRIPLE MAGNESIUM COMPLEX CAPSULES	120 CT	\$10.00
MULTI VITAMINS				
V55 ‡	808702	CHILDREN'S MULTIVITAMIN GUMMIES	70 CT	\$7.00
V56 ‡	378592	MEN'S MULTIVITAMIN	120 CT	\$11.00
V57 ‡	448404	MEN'S 50+ ADVANCED MULTIVITAMIN TABLETS	65 CT	\$8.00
V59 ‡	459960	ONE DAILY WOMEN'S 50 PLUS ADVANCED VITAMIN	100 CT	\$11.00
V60 ‡	255042	ONE DAILY WOMEN'S FORMULA VITAMIN	100 CT	\$9.00
V61 ‡	448393	WOMEN'S 50+ ADVANCED MULTIVITAMIN TABLETS	65 CT	\$8.00
V62 ‡	378615	WOMEN'S MULTIVITAMIN	120 CT	\$11.00
PRENATAL				
V63 ‡	252577	PRENATAL VITAMIN TABLETS	100 CT	\$11.00
SUPPLEMENTS				
V64 ‡	250191	POTASSIUM GLUCONATE 650MG CAPLETS	100 CT	\$5.00
V65 ‡	382098	PROSTATE MAX+ CAPLETS	60 CT	\$27.00
VIT A/ D/ K				
V67 ‡	162640	VITAMIN D3 10,000IU SOFTGELS	60 CT	\$16.00
V68 ‡	346754	VITAMIN D3 1000IU SOFTGELS	100 CT	\$9.00
V69 ‡	695912	VITAMIN D3 1000IU SOFTGELS	300 CT	\$16.00
V70 ‡	710787	VITAMIN D3 2000IU SOFTGELS	100 CT	\$9.00
V71 ‡	277289	VITAMIN D3 400IU SOFTGELS	100 CT	\$4.00
V72 ‡	717911	VITAMIN D3 5000IU SOFTGELS	100 CT	\$14.00
VITAMIN B				
V76 ‡	933919	B-12 5000MCG MICROLOZENGES CHERRY	30 CT	\$14.00

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UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
V77 ‡	343572	B-12 5000MCG MICROTABLETS	100 CT	\$15.00
V79 ‡	965747	BIOTIN 10,000MCG SOFTGELS	60 CT	\$12.00
V80 ‡	931260	BIOTIN 5000MCG TABLETS	150 CT	\$22.00
V81 ‡	300258	FOLIC ACID 800MCG TABLETS	100 CT	\$4.00
V82 ‡	145626	SUPER B COMPLEX WITH VITAMIN C CAPLETS	100 CT	\$12.00
V83 ‡	300260	SUPER B COMPLEX WITH VITAMIN C CAPLETS	300 CT	\$29.00
VITAMIN C				
V84 ‡	973804	AIRSHIELD ADULT IMMUNITY GUMMY	42 CT	\$11.00
V85 ‡	446547	AIRSHIELD IMMUNITY GUMMIES	63 CT	\$19.00
VITAMIN E				
V92 ‡	243204	VITAMIN E 1000IU SOFTGELS	50 CT	\$18.00

IMPORTANT: Item list is subject to change. In the event an item is out of stock, an item of similar or greater value will be substituted in your order. If an item is recalled by the manufacturer for any reason, it will be removed from the product offering immediately.

MyPlate shows the proportions of each food group for meals

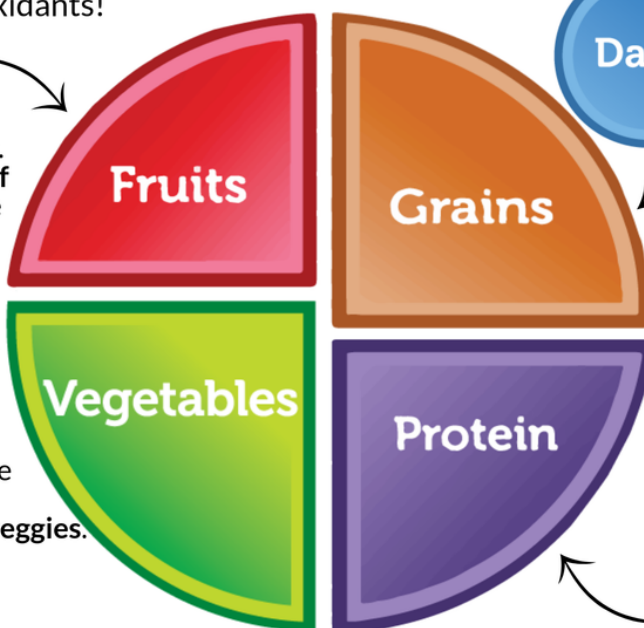
- Meet Nutritional needs primarily from foods and beverages
- Drink Water first for your thirst
- Choose a variety of options from each food group
- Pay attention to Portion size
- Drink and eat less sodium, saturated fat, and added sugars

MyPlate: A Guide

Make half your plate fruits and veggies. They're packed with fiber & antioxidants! [MyPlate: A Guide. \(snap4ct.org\)](http://snap4ct.org)

Fruit:
Eat fruits of all colors. Go for fruit instead of juice, which has more fiber and fewer calories.

Vegetables:
The more colors and types that you eat, the better! Aim to get mostly non-starchy veggies.



Dairy:
3 servings per day gets you the calcium you need. Choose low-fat for fewer calories.

Grains:
Eat mostly whole grains. Refined grains, like white bread and white rice, have less nutrition. Whole grains have more fiber, iron, and B vitamins.

Protein:
A palm-sized amount at lunch and dinner is all you need. Beans, nuts, fish, and chicken are good, lean choices.

Shift your sweet tooth

Choose foods with little or no added sugars and drink water or unsweetened sparkling water in place of soda or juice. Fruits are naturally sweet and packed with nutrients.

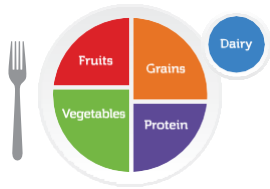


Go easy on the salt

Choose fresh foods when possible or low-sodium packaged foods. Add flavor to foods with spices and herbs and skip the saltshaker at the table.



Start *simple*
with MyPlate



Healthy Snacking With MyPlate

Healthy eating is important at every age. Eat a variety of fruits, vegetables, grains, protein foods, and dairy or fortified soy alternatives. When deciding on a snack, choose options that are full of nutrients and limited in added sugars, saturated fat, and sodium. Start with these tips:



Build your own

Make your own trail mix with unsalted nuts and add-ins such as seeds, dried fruit, plain popcorn, or a sprinkle of chocolate chips.



Prep ahead

Portion snack foods into reusable containers when you get home from the store so they're ready to grab-and-go.



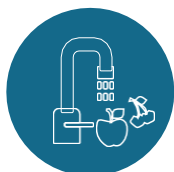
Make it a combo

Use the food groups to build a satisfying snack: yogurt and berries, apple with nut butter, or whole-grain crackers with turkey and avocado.



Eat vibrant vegetables

Try raw vegetables with dips. Try dipping bell peppers, carrots, or cucumbers in hummus, guacamole, or a low-fat yogurt sauce.



Wash and enjoy

Apples, pears, grapes, and fresh berries are great go-to snacks when you are looking for a quick sweet treat.



Stock your fridge

Keep cut up fruits and vegetables visible and within reach in the fridge for a convenient anytime snack.

MyPlate Food Categories

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
DAIRY				
ALTERNATIVE MILK				
G10	910410	BLUE DIAMOND ALMOND BREEZE UNSWEETENED VANILLA	64 OZ	\$7.00
G11★	457605	HORIZON ORGANIC HIGH VITAMIN D	64 OZ	\$7.00
G12★	629862	LACTAID 2% MILK	64 OZ	\$7.00
G13★	727846	LACTAID WHOLE MILK	64 OZ	\$7.00
MILK GALLONS				
G16★	666891	2% MILK GALLON	128 OZ	\$7.00
G17★	663864	WHOLE MILK GALLON	128 OZ	\$7.00
MILK HALF GALLONS				
G19★	666628	2% MILK HALF GALLON	64 OZ	\$4.00
G21★	664235	WHOLE MILK HALF GALLON	64 OZ	\$4.00
FRUITS/ VEGETABLES				
CANNED VEGETABLES				
G90	402197	BUSH'S ORIGINAL BAKED BEANS	16 OZ	\$3.00
CANNED/ DRIED FRUIT				
G91	614233	DRIED PLUMS PITTED PRUNES	18 OZ	\$7.00
G92	883693	GOGO SQUEEZE APPLESAUCE ON THE GO	4 CT	\$5.00
G94	184552	MOTT'S ORIGINAL APPLE SAUCE	6 CT	\$4.00
G95	365523	SUN-MAID RAISINS	13 OZ	\$4.00
CONDIMENTS				
G111	347261	HEINZ TOMATO KETCHUP	32 OZ	\$7.00
HEALTHY SNACKS				
G176	365986	SOLELY ORGANIC DRIED MANGO STRIPS	5 OZ	\$7.00
SALTY SNACKS				
G208	194877	BANANA & STRAWBERRY FREEZE-DRIED CRISPS	1 OZ	\$4.00
G213	995850	DELUXE MIXED FRUIT FREEZE-DRIED FRUIT CRISPS	1 OZ	\$4.00
G214	203935	DRIED ORGANIC MANGO	4 OZ	\$6.00
G215	183574	DRIED PHILIPPINE MANGOES	10 OZ	\$9.00
G216	880785	DRIED PHILIPPINE MANGOES	5 OZ	\$6.00
G218	995847	FUJI APPLE CRISPS	1 OZ	\$4.00
G234	995851	STRAWBERRY CRISPS	1 OZ	\$4.00
GRAINS				
BREAD & PASTRY				
G30★	486150	BAKER'S CHOICE 100% WHOLE WHEAT BREAD	16 OZ	\$4.00
G31★	456573	BAKER'S CHOICE WHITE BREAD	16 OZ	\$4.00
BREAKFAST				
G45	797329	GENERAL MILLS CEREALS CINNAMON TOAST CRUNCH	18.8 OZ	\$8.00
G46	169905	GENERAL MILLS CHEERIOS CEREAL	12 OZ	\$7.00
G47	703277	GENERAL MILLS CHEERIOS CEREAL	8.9 OZ	\$6.00
G48	813576	GENERAL MILLS CINNAMON TOAST CRUNCH CEREAL	12 OZ	\$7.00

① 1 PER PERIOD

🚚 HOME DELIVERY ONLY

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① 1 PER YEAR

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UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
G49	558865	GENERAL MILLS COCOA PUFFS WHOLE GRAIN CEREAL	10.4 OZ	\$6.00
G50	731695	GENERAL MILLS HONEY NUT CHEERIOS CEREAL	10.8 OZ	\$7.00
G51	703276	GENERAL MILLS HONEY NUT CHEERIOS CEREAL	18.8 OZ	\$8.00
G52	465994	GENERAL MILLS MULTI GRAIN CHEERIOS CEREAL	12 OZ	\$7.00
G53	706276	GREAT GRAINS RAISINS, DATES & PECANS	16 OZ	\$6.00
G54	273722	KELLOGG'S CORN FLAKES BREAKFAST CEREAL	9.6 OZ	\$6.00
G55	720656	KELLOGG'S FROOT LOOPS BREAKFAST CEREAL	10 OZ	\$6.00
G56	103604	KELLOGG'S FROSTED FLAKES BREAKFAST CEREAL	10.9 OZ	\$6.00
G57	112032	KELLOGG'S FROSTED MINI-WHEATS BREAKFAST CEREAL	14.5 OZ	\$6.00
G63	674195	KELLOGG'S RAISIN BRAN BREAKFAST CEREAL	24 OZ	\$8.00
G65	184524	KELLOGG'S SPECIAL K RED BERRIES BREAKFAST CEREAL	11.7 OZ	\$6.00
G75	731232	LUCKY CHARMS CEREAL	10.5 OZ	\$7.00
G82	115849	POST COCOA PEBBLES CEREAL	11 OZ	\$6.00
G83	618940	POST FRUITY PEBBLES CEREAL FAMILY SIZE	19.5 OZ	\$8.00
G84	106274	POST HONEY BUNCHES OF OATS HONEY ROASTED CEREAL	12 OZ	\$6.00
G85	198594	POST HONEY BUNCHES OF OATS WITH ALMONDS	14.5 OZ	\$6.00
G86	207612	QUAKER CAP'N CRUNCH'S CRUNCH BERRIES CEREAL	11.7 OZ	\$6.00
CRACKERS				
G152	194708	CHEEZ-IT EXTRA TOASTY CHEESE CRACKERS	7 OZ	\$4.00
G153	872556	CHEEZ-IT ORIGINAL CHEESE CRACKERS	7 OZ	\$4.00
G154	204789	CHEEZ-IT ORIGINAL CHEESE CRACKERS	21 OZ	\$8.00
G156	204210	CHEEZ-IT ORIGINAL CHEESE CRACKERS GRAB BAG	7 OZ	\$4.00
G157	159574	CHEEZ-IT WHITE CHEDDAR CHEESE CRACKERS	7 OZ	\$4.00
G158	588794	CLUB CRACKERS SNACK STACKS	6 CT	\$5.00
G159	297868	CLUB ORIGINAL CRACKERS	13.7 OZ	\$5.00
G161	695734	NABISCO ORIGINAL WHEAT THINS	8.5 OZ	\$5.00
G162	742956	NABISCO PREMIUM SALTINE CRACKERS	16 OZ	\$5.00
G163	850310	NABISCO PREMIUM SALTINE CRACKERS	13.6 OZ	\$5.00
G164	169490	NABISCO PREMIUM SALTINE CRACKERS	4 OZ	\$3.00
G166	493508	RITZ ORIGINAL CRACKERS	13.7 OZ	\$5.00
DRY GROCERY				
G116	107300	MINUTE INSTANT WHITE RICE	14 OZ	\$4.00
HEAT & SERVE				
G123	190903	UNCLE BEN'S ORIGINAL READY RICE, JASMINE	8.5 OZ	\$4.00
G124	503309	UNCLE BENS WHOLE GRAIN BROWN RICE	8.8 OZ	\$4.00
PASTA/ SAUCE				
G129	542007	BARILLA PENNE PASTA	16 OZ	\$3.00
G130	409739	BARILLA ROTINI PASTA	16 OZ	\$3.00
G131	273598	BARILLA SPAGHETTI	16 OZ	\$3.00
GROCERY OTHER				
BAKING NEEDS				
G40	111073	BETTY CROCKER ORIGINAL BISQUICK PANCAKE & BAKING MIX	20 OZ	\$4.00

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
G41	721552	GRANULATED SUGAR	64 OZ	\$5.00
G42	351798	ORGANIC RAW HONEY	12 OZ	\$9.00
G43	698060	PANCAKE SYRUP	12 OZ	\$4.00
BREAKFAST				
G44	845296	FIBER ONE CHOCOLATE FUDGE BROWNIES	6 CT	\$5.00
G58	742904	KELLOGG'S NUTRI-GRAIN SOFT BAKED BREAKFAST BARS, APPLE CINNAMON	8 CT	\$5.00
G59	813568	KELLOGG'S NUTRI-GRAIN SOFT BAKED BREAKFAST BARS, BLUEBERRY	8 CT	\$5.00
G60	795971	KELLOGG'S NUTRI-GRAIN SOFT BAKED BREAKFAST BARS, STRAWBERRY	8 CT	\$5.00
G61	541607	KELLOGG'S POP-TARTS FROSTED TOASTER PASTRIES, BROWN SUGAR CINNAMON	8 CT	\$4.00
G62	545012	KELLOGG'S POP-TARTS FROSTED TOASTER PASTRIES, STRAWBERRY	8 CT	\$4.00
G64	196977	KELLOGG'S SPECIAL K PASTRY CRISP BARS, STRAWBERRY	6 CT	\$4.00
G66	489497	KIND FAMILY PACK GRANOLA, OATS AND HONEY	17 OZ	\$12.00
G67	480879	KIND FAMILY PACK GRANOLA, PEANUT BUTTER	17 OZ	\$12.00
G68	616982	KIND HEALTHY GRAIN DRIZZLED BAR, CARAMEL	5 CT	\$7.00
G69	380353	KIND MINIS, DARK CHOCOLATE NUTS & SEA SALT	10 CT	\$10.00
G70	827616	KIND THINS BARS - CARAMEL, ALMOND AND SEA SALT	10 CT	\$11.00
G71	337762	KIND THINS, DARK CHOCOLATE NUTS & SEA SALT	10 CT	\$12.00
G72	792956	KIND THINS, PEANUT BUTTER DARK CHOCOLATE	10 CT	\$12.00
G73	381267	LARABAR BARS, CHOCOLATE CHIP COOKIE DOUGH	1.6 OZ	\$9.00
G74	875732	LARABAR BARS, PEANUT BUTTER CHOCOLATE CHIP	6 CT	\$9.00
G76	184498	NATURE VALLEY GRANOLA BARS OATS 'N HONEY	12 CT	\$5.00
G77	381155	NATURE VALLEY PROTEIN CHEWY BARS - PEANUT BUTTER DARK CHOCOLATE	10 CT	\$11.00
G78	319424	NATURE VALLEY SWEET & SALTY GRANOLA BARS - ALMOND	6 CT	\$5.00
G79	961245	NATURE VALLEY SWEET & SALTY GRANOLA BARS - PEANUT	6 CT	\$5.00
G80	230874	NATURE VALLEY SWEET & SALTY GRANOLA BARS - DARK CHOCOLATE, PEANUT & ALMOND	6 CT	\$5.00
G81	237356	NATURE VALLEY TRAIL MIX BARS FRUIT & NUT	6 CT	\$5.00
CANNED/ DRIED FRUIT				
G96	387813	WELCH'S MIXED FRUIT FLAVORED FRUIT SNACKS POUCHES	22 CT	\$8.00
COFFEE/ TEA				
G97	383713	BIGELOW HERBAL TEA BAGS WITH PROBIOTICS - LEMON GINGER	18 CT	\$4.00
G98	433439	DUNKIN DONUTS GROUND COFFEE ORIGINAL BLEND MEDIUM ROAST	12 OZ	\$12.00
G99	502187	COFFEEMATE POWDERED COFFEE CREAMER	16 OZ	\$6.00
G100	479729	DUNKIN DONUTS K-CUP PODS ORIGINAL BLEND ROAST COFFEE MEDIUM	10 CT	\$11.00
G101	467031	DUNKIN' DONUTS K-CUP PODS - ORIGINAL MEDIUM ROAST	12 OZ	\$12.00
G102	472859	FOLGERS CLASSIC ROAST INSTANT COFFEE	38.4 OZ	\$15.00
G103	354531	FOLGERS INSTANT COFFEE CRYSTALS CLASSIC ROAST	8 OZ	\$9.00
G104	577850	MAXWELL HOUSE GROUND COFFEE - MEDIUM ROAST	30.6 OZ	\$18.00
G105	479687	MAXWELL HOUSE GROUND INSTANT COFFEE - MEDIUM ROAST	8 OZ	\$10.00
G106	861983	MAXWELL HOUSE GROUND COFFEE WAKE UP ROAST	30.65 OZ	\$14.00
G107	370694	MAXWELL HOUSE GROUND COFFEE - DECAFF	29.3 OZ	\$19.00

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UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
G108	442624	MAXWELL HOUSE INSTANT COFFEE - ORIGINAL	8 OZ	\$9.00
G109	947379	TWININGS HERBAL TEA BAGS - LEMON AND GINGER	20 CT	\$4.00
G110	429571	TWININGS OF LONDON 100% PURE BLACK TEA BAGS	20 CT	\$4.00
CONDIMENTS				
G112	355285	HIDDEN VALLEY ORIGINAL RANCH SALAD DRESSING & TOPPING GLUTEN FREE	16 OZ	\$6.00
G113	183342	ORGANIC APPLE CIDER VINEGAR	32 OZ	\$5.00
COOKIES				
G150	252353	NABISCO FIG NEWTONS	6 CT	\$3.00
CRACKERS				
G160	339124	HONEY MAID HONEY GRAHAMS	14.4 OZ	\$6.00
G167	510568	RITZ ORIGINAL CRACKERS	11.8 OZ	\$5.00
G168	435537	RITZ ORIGINAL CRACKERS	3.4 OZ	\$3.00
DESSERTS				
G114	240972	WELCH'S FRUIT SNACKS MIXED FRUIT	10 CT	\$4.00
ETHNIC FOOD				
G118	190136	NUTELLA HAZELNUT SPREAD W/ SKIM MILK & COCOA	13 OZ	\$5.00
HEALTHY SNACKS				
G169	299668	HIGHKEY MINI COOKIES, CHOCOLATE CHIP	2 OZ	\$5.00
G170	330230	HIGHKEY MINI COOKIES, SNICKERDOODLE	2 OZ	\$5.00
G171	311551	HIPPEAS ORGANIC CHICKPEA PUFFS, VEGAN WHITE CHEDDAR FLAVORED	4 OZ	\$4.00
G172	589280	LESSEREVIL ORGANIC POPCORN, HIMALAYAN GOLD	5 OZ	\$4.00
G173	325352	LESSEREVIL ORGANIC POPCORN, HIMALAYAN PINK SALT	5 OZ	\$4.00
G174	547370	QUINN CREAMY PEANUT BUTTER FILLED PRETZEL NUGGETS	7 OZ	\$5.00
G175	403674	QUINN MAPLE ALMOND BUTTER FILLED PRETZEL NUGGETS	5 OZ	\$5.00
G177	435893	WHISPS CHEESE CRISPS CHEDDAR	2.12 OZ	\$4.00
HEAT & SERVE				
G119	105685	DINTY MOORE BEEF STEW	20 OZ	\$4.00
G120	962359	KRAFT MACARONI & CHEESE BIG CUP	1 CT	\$3.00
ISOTONICS				
G1	332710	ELECTROLYTE MAX ELECTROLYTE SOLUTION, BERRY FROST	33.8 OZ	\$4.00
G2	652138	ELECTROLYTE MAX ELECTROLYTE SOLUTION, CHERRY POMEGRANATE	33.8 OZ	\$4.00
MISCELLANEOUS				
G125	957771	100% CANOLA OIL COOKING SPRAY	5 OZ	\$5.00
G126	193128	EXTRA VIRGIN OLIVE OIL	17 OZ	\$11.00
G127	183318	ORGANIC EXTRA VIRGIN COCONUT OIL	14 OZ	\$11.00
G128	974599	WESSON VEGETABLE OIL	48 OZ	\$8.00
NUTS				
G178	961793	BLUE DIAMOND ALMONDS, LIGHTLY SALTED	16 OZ	\$10.00
G179	350185	DARK CHOCOLATE COVERED CASHEWS	9.5 OZ	\$5.00
G180	492669	DAVID PUMPKIN SEEDS	5 OZ	\$5.00
G181	408076	DELUXE MIXED NUTS LIGHTLY SALTED	8 OZ	\$7.00
G182	443501	DELUXE MIXED NUTS LIGHTLY SALTED	17 OZ	\$12.00

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
G183	173146	DELUXE MIXED NUTS NO PEANUTS	8 OZ	\$7.00
G184	737104	DELUXE MIXED NUTS WITH SEA SALT AND NO PEANUTS	17 OZ	\$12.00
G185	341442	FANCY WHOLE CASHEWS SALTED	8 OZ	\$8.00
G186	378687	FANCY WHOLE CASHEWS LIGHTLY SALTED	8 OZ	\$8.00
G187	507400	HONEY ROASTED CASHEWS	8 OZ	\$8.00
G188	228831	HONEY ROASTED DELUXE MIXED NUTS WITH PISTACHIOS	8 OZ	\$7.00
G189	420386	LIGHT SEA SALT PISTACHIO KERNELS	5 OZ	\$7.00
G190	434591	MEDITERRANEAN NUT BLEND	8 OZ	\$7.00
G191	161049	MILK CHOCOLATE COVERED CASHEWS	9.5 OZ	\$5.00
G192	155386	MIXED NUTS LIGHTLY SALTED	9 OZ	\$7.00
G193	452776	NATURAL SHELLED PISTACHIOS, SEA SALT	5 OZ	\$7.00
G194	452746	PISTACHIO DELIGHTS	8.25 OZ	\$7.00
G195	385047	PLANTERS PARTY PACK COCKTAIL PEANUTS	16 OZ	\$6.00
G196	409016	RAW NATURAL ALMONDS	16 OZ	\$7.00
G197	737103	UNSALTED DELUXE MIXED NUTS	17 OZ	\$12.00
G198	737102	UNSALTED DELUXE MIXED NUTS	8 OZ	\$7.00
G199	921939	UNSALTED MIXED NUTS	9 OZ	\$7.00
G200	999758	UNSALTED PISTACHIO & ALMOND BLEND	8 OZ	\$7.00
G201	979596	UNSALTED PISTACHIO KERNELS	5 OZ	\$7.00
G202	507392	UNSALTED WHOLE CASHEWS	8 OZ	\$8.00
G203	408084	WALNUT HALVES & PIECES	9 OZ	\$7.00
G204	275195	WONDERFUL PISTACHIOS NO SHELLS, ROASTED AND LIGHTLY SALTED	6 OZ	\$9.00
G205	275175	WONDERFUL PISTACHIOS NO SHELLS, ROASTED AND SALTED	6 OZ	\$9.00
SALTY SNACKS				
G206	967457	ANGIE'S BOOMCHICKAPOP POPCORN	5 OZ	\$5.00
G207	998561	ANGIE'S BOOMCHICKAPOP POPCORN, SWEET & SALTY KETTLE CORN	7 OZ	\$5.00
G209	228057	CLASSIC BLEND TRAIL MIX	8 OZ	\$3.00
G210	958483	CLASSIC BLEND TRAIL MIX, VALUE SIZE	28 OZ	\$8.00
G211	920705	DARK CHOCOLATE, FRUIT & NUT TRAIL MIX	6 OZ	\$4.00
G212	102238	DAVID ORIGINAL SUNFLOWER SEEDS	5.25 OZ	\$3.00
G217	966050	FRUIT & NUTTY PROBIOTIC TRAIL MIX	6 OZ	\$4.00
G219	966052	HEAVENLY LIGHT POPCORN	5 OZ	\$4.00
G223	120456	MINI PRETZEL TWISTS	18 OZ	\$4.00
G224	698754	OMEGA-3 TRAIL MIX	13 OZ	\$8.00
G225	966054	OMEGA-3 TRAIL MIX	6 OZ	\$4.00
G226	235393	PEANUT BUTTER LOVER'S TRAIL MIX	8 OZ	\$4.00
G227	426212	PIRATE'S BOOTY BAKED RICE AND CORN PUFFS, AGED WHITE CHEDDAR	4 OZ	\$4.00
G229	909324	SENSIBLE PORTIONS SEA SALT GARDEN VEGGIE STRAWS	5 OZ	\$5.00
G230	961446	SKINNYPOP POPCORN ORIGINAL	4.4 OZ	\$5.00
G231	990975	SKINNYPOP WHITE CHEDDAR POPCORN	4.4 OZ	\$5.00
G232	304023	SNACK FACTORY PRETZEL CRISPS	7.2 OZ	\$4.00

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UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
G233	534131	SPICY SRIRACHA HEAVENLY LIGHT POPCORN	5 OZ	\$4.00
G235	921948	SWEET & SALTY TRAIL MIX	10 OZ	\$4.00
G237	983716	WHITE CHEDDAR FLAVORED HEAVENLY LIGHT POPCORN	5 OZ	\$4.00
SOUP				
G134	701793	CAMPBELL'S CHUNKY CHICKEN NOODLE SOUP	18.6 OZ	\$4.00
G135	730630	CAMPBELL'S CHUNKY CLASSIC CHICKEN NOODLE SOUP	18.6 OZ	\$4.00
G136	380123	NISSIN TOP RAMEN BEEF FLAVORED RAMEN NOODLE SOUP	6 CT	\$3.00
G137	743434	NISSIN TOP RAMEN NOODLE SOUP, CHICKEN FLAVOR	6 CT	\$3.00
G138	169968	PROGRESSO CHICKEN NOODLE SOUP	19 OZ	\$5.00
G139	403081	PROGRESSO RICH & HEARTY CHICKEN & HOMESTYLE NOODLES SOUP	19 OZ	\$5.00
G140	559194	SWANSON CHICKEN BROTH	32 OZ	\$4.00
SUGAR SUBSTITUTE				
G141	195266	STEVIA IN THE RAW PACKETS	100 CT	\$7.00
PROTEIN				
DRY GROCERY				
G115	354757	JIF CREAMY PEANUT BUTTER	16 OZ	\$4.00
G117	517573	SKIPPY CREAMY PEANUT BUTTER	16.3 OZ	\$4.00
EGGS				
G15★	339062	NELLIES FREE RANGE EGGS	12 CT	\$7.00
HEAT & SERVE				
G121	969600	SPAM CLASSIC	12 OZ	\$4.00
G122	492541	SPAM LITE	12 OZ	\$4.00
SALTY SNACKS				
G220	340106	JACK LINK'S BEEF JERKY	2.85 OZ	\$7.00
G221	340107	JACK LINK'S BEEF JERKY	2.85 OZ	\$7.00
G222	173911	JACK LINK'S TENDER BITES, TERIYAKI BEEF STEAK	2.85 OZ	\$7.00
G236	956900	TERIYAKI BEEF JERKY	2.85 OZ	\$6.00
SHELF STABLE SEAFOOD				
G132	432544	BUMBLE BEE TUNA SALAD WITH CRACKERS	3.5 OZ	\$2.00

IMPORTANT: Item list is subject to change. In the event an item is out of stock, an item of similar or greater value will be substituted in your order. If an item is recalled by the manufacturer for any reason, it will be removed from the product offering immediately.

Extra Support for Monthly Periods

Aetna Better Health of Texas covers certain over-the-counter period (menstrual) care products as part of your OTC benefit. You can get monthly care items like pads, tampons, cleansing wipes and more.



Take Charge of Your Health

An annual checkup is important. Your doctor can help answer questions about:

- How to get to a healthy weight and stay there
- How to manage your stress
- What to do if you plan to have children
- Disease screenings and treatments

Period Promise

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
ADULT CARE				
CARE & ACCESSORIES				
A10	458004	ADULT CARE WIPES	192 CT	\$12.00
A12	843837	FLUSHABLE WIPES	42 CT	\$4.00
PADS				
A20	150744	WOMEN'S PROTECTIVE PADS, MAX LONG	39 CT	\$13.00
A21	240487	WOMEN'S PROTECTIVE PADS, MODERATE	20 CT	\$6.00
A22	535872	WOMEN'S PROTECTIVE PADS, MODERATE	66 CT	\$13.00
A24	699083	WOMEN'S THIN FIT PROTECTIVE PADS, HEAVY	48 CT	\$13.00
A25	181771	WOMEN'S THIN FIT PROTECTIVE PADS, MODERATE	66 CT	\$13.00
PANTS				
A35	489350	WOMEN'S UNDERWEAR MAX, L	18 CT	\$14.00
A37	489330	WOMEN'S UNDERWEAR MAX, S/M	20 CT	\$14.00
A39	973821	WOMEN'S UNDERWEAR MAX, XL	16 CT	\$14.00
EXTERNAL PAIN				
HOT COLD				
E44	215314	HEATING PAD EXTRA LONG	1 CT	\$35.00
E45	215313	HEATING PAD STANDARD	1 CT	\$25.00
TOPICAL ANALGESIC				
E68	827058	COLD AND HOT PATCHES	3 CT	\$8.00
E69	957604	COLD AND HOT PATCHES	5 CT	\$6.00
FEMININE CARE				
FULL SIZE PADS				
F51	872990	KOTEX CLEAN WEAR ULTRA THIN PADS WITH WINGS	18 CT	\$7.00
F52	872985	KOTEX CLEAN WEAR ULTRA THIN PADS WITH WINGS HEAVY	16 CT	\$7.00
F53	927025	MAXI PADS LONG SUPER	42 CT	\$4.00
F54	692443	MAXI PADS REGULAR	48 CT	\$4.00
F55	127200	MAXI PADS WITH WINGS LONG SUPER	32 CT	\$4.00
F56	842800	MAXI PADS WITH WINGS OVERNIGHT	36 CT	\$6.00
F58	872912	ULTRA THIN PADS LONG SUPER	40 CT	\$4.00
F59	836891	ULTRA THIN PADS WITH WINGS REGULAR	36 CT	\$4.00
INTIMATE CLEANSING				
F60	289061	CLEANSING WIPES FLUSHABLE FRAGRANCE FREE	32 CT	\$5.00
F62	318718	ITCH RELIEF VAGINAL CREME	1 OZ	\$6.00
LUBRICANTS/ MOISTURIZERS				
F63	418121	PERSONAL LUBRICANT	5.6 OZ	\$9.00
MEDICATION				
F64	420684	AZO MAXIMUM STRENGTH TABLETS	12 CT	\$10.00
F65	325394	CRANBERRY 450MG TABLETS	100 CT	\$14.00
F66	740732	MENSTRUAL PMS RELIEF	32 CT	\$7.00
F67	110601	PAMPRIN MENSTRUAL RELIEF TABLETS	20 CT	\$8.00
F68	738694	URINARY PAIN RELIEF	12 CT	\$5.00

UPC	SKU	ITEM DESCRIPTION	SIZE	PRICE
F69	234554	URINARY PAIN RELIEF TABLETS	30 CT	\$8.00
PREGNANCY TEST KITS				
F71	326808	PREGNANCY TEST	1 CT	\$6.00
SMALL SIZE PADS				
F72	470890	THINX FOR ALL MENSTRUAL BRIEFS BLACK L	1 CT	\$17.00
F73	664121	THINX FOR ALL MENSTRUAL BRIEFS BLACK M	1 CT	\$17.00
F74	625028	THINX FOR ALL MENSTRUAL BRIEFS BLACK S	1 CT	\$17.00
F75	501914	THINX FOR ALL MENSTRUAL BRIEFS BLACK XL	1 CT	\$17.00
TAMPONS				
F76	722537	MENSTRUAL CUP SIZE A	1 CT	\$22.00
F77	634864	MENSTRUAL CUP SIZE B	1 CT	\$22.00
F78	416639	TAMPONS MULTIPACK	34 CT	\$6.00
HAIR ACCESSORIES				
GROOMING				
H1	447036	CONAIR HAIR PICK	3 CT	\$4.00
H2	516310	HAIR BRUSH	1 CT	\$4.00
H4	226674	SHOWER CAPS	4 CT	\$10.00
HAIR CARE				
SHAMPOO/ CONDITIONER				
H12	970245	SCALP RELIEF SERUM	2.5 OZ	\$9.00
PAIN RELIEVERS				
NAPROX				
P59	263652	NAPROXEN SODIUM 220MG CAPLETS	90 CT	\$9.00
P63	340744	NAPROXEN SODIUM 220MG TABLETS BACK AND MUSCLE PAIN	24 CT	\$4.00
PMS				
P66	456231	MENSTRUAL PAIN RELIEF	24 CT	\$6.00
SLEEP AIDS				
P79	374425	NAPROXEN SODIUM PM CAPLETS	20 CT	\$6.00

IMPORTANT: Item list is subject to change. In the event an item is out of stock, an item of similar or greater value will be substituted in your order. If an item is recalled by the manufacturer for any reason, it will be removed from the product offering immediately.

① 1 PER PERIOD

🚚 HOME DELIVERY ONLY

‡ DUAL-PURPOSE ITEM

① 1 PER YEAR

★ IN STORE ONLY



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