



AETNA BETTER HEALTH®  
Coverage Policy/Guideline

Name: Berinert

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Effective Date: 9/22/2023

Last Review Date: 9/22/2023

Applies to:	<input checked="" type="checkbox"/> Illinois	<input type="checkbox"/> Florida	<input type="checkbox"/> New Jersey
	<input checked="" type="checkbox"/> Maryland	<input checked="" type="checkbox"/> Florida Kids	<input type="checkbox"/> Michigan
	<input checked="" type="checkbox"/> Pennsylvania Kids	<input type="checkbox"/> Virginia	<input type="checkbox"/> Kentucky PRMD

### Intent:

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for Berinert under the patient's prescription drug benefit.

### Description:

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met and the member has no exclusions to the prescribed therapy.

#### A. FDA-Approved Indication

Berinert is indicated for the treatment of acute abdominal, facial, or laryngeal hereditary angioedema (HAE) attacks in adult and pediatric patients.

#### B. Compendial Use

Short-term preprocedural prophylaxis for HAE attacks

All other indications are considered experimental/investigational and not medically necessary.

### Applicable Drug List:

Berinert

### Policy/Guideline:

#### Documentation:

Submission of the following information is necessary to initiate the prior authorization review:

#### A. For initial authorization, the following should be documented:

1. C1 inhibitor functional and antigenic protein levels
2. F12, angiotensin-converting enzyme (ACE), plasminogen, kininogen-1 (KNG1), heparan sulfate-glucosaminase 3-O-sulfotransferase 6 (HS3ST6), or myoferlin (MYOF) gene mutation testing, if applicable
3. Chart notes confirming family history of angioedema and the angioedema was refractory to a trial of high-dose antihistamine therapy, if applicable

#### B. For continuation of therapy, chart notes demonstrating a reduction in severity and/or duration of attacks



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### Prescriber Specialty:

This medication must be prescribed by or in consultation with a prescriber who specializes in the management of HAE.

### Criteria for Initial Approval: Hereditary Angioedema (HAE)

#### A. Preprocedural Prophylaxis

Authorization of 30 days may be granted for short-term preprocedural prophylaxis (i.e., prior to surgical or major dental procedures) when either of the following criteria is met at the time of diagnosis:

1. Member has C1 inhibitor deficiency or dysfunction as confirmed by laboratory testing and meets one of the following criteria:
  - i. C1 inhibitor (C1-INH) antigenic level below the lower limit of normal as defined by the laboratory performing the test, or
  - ii. Normal C1-INH antigenic level and a low C1-INH functional level (functional C1-INH less than 50% or C1-INH functional level below the lower limit of normal as defined by the laboratory performing the test).
2. Member has normal C1 inhibitor as confirmed by laboratory testing and meets one of the following criteria:
  - i. Member has an F12, angiopoietin-1, plasminogen, kininogen-1 (KNG1), heparan sulfate-glucosamine 3-O-sulfotransferase 6 (HS3ST6), or myoferlin (MYOF) gene mutation as confirmed by genetic testing, or
  - ii. Member has a documented family history of angioedema and the angioedema was refractory to a trial of high-dose antihistamine therapy (i.e., cetirizine at 40 mg per day or the equivalent) for at least one month.

#### B. Acute Attacks

Authorization of 6 months may be granted for treatment of acute HAE attacks when the requested medication will not be used in combination with any other medication used for the treatment of acute HAE attacks and either of the following criteria is met at the time of diagnosis:

1. Member has C1 inhibitor deficiency or dysfunction as confirmed by laboratory testing and meets one of the following criteria:
  - i. C1 inhibitor (C1-INH) antigenic level below the lower limit of normal as defined by the laboratory performing the test, or



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- ii. Normal C1-INH antigenic level and a low C1-INH functional level (functional C1-INH less than 50% or C1-INH functional level below the lower limit of normal as defined by the laboratory performing the test).
2. Member has normal C1 inhibitor as confirmed by laboratory testing and meets one of the following criteria:
  - i. Member has an F12, angiotensin-1, plasminogen, kininogen-1 (KNG1), heparan sulfate-glucosamine 3-O-sulfotransferase 6 (HS3ST6), or myoferlin (MYOF) gene mutation as confirmed by genetic testing, or
  - ii. Member has a documented family history of angioedema and the angioedema was refractory to a trial of high-dose antihistamine therapy (i.e., cetirizine at 40 mg per day or the equivalent) for at least one month.

### Continuation of Therapy: Hereditary Angioedema

#### A. Preprocedural Prophylaxis

All members (including new members) requesting authorization for continued short-term preprocedural prophylaxis (i.e., prior to surgical or major dental procedures) must meet all initial authorization criteria.

#### B. Acute Attacks

Authorization of 6 months may be granted for continued treatment of acute HAE attacks when all of the following criteria are met:

1. Member meets the criteria for initial approval.
2. Member has experienced a reduction in severity and/or duration of acute attacks.
3. Prophylaxis should be considered based on the attack frequency, attack severity, comorbid conditions, and member's quality of life.

### Approval Duration and Quantity Restrictions:

#### Approval:

- 30 days for short-term preprocedural prophylaxis
- 6 months for treatment of acute HAE attacks

#### Quantity Level Limit:

- Short-term preprocedural prophylaxis: up to 20 vials per 30 days for those under 100 kg and up to 40 vials per 30 days for those over 100 kg
- Treatment of acute HAE attacks: up to 60 vials per 90 days for those under 100 kg and up to 120 vials per 90 days for those over 100 kg



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