



## INITIATION AND ENGAGEMENT OF ALCOHOL AND OTHER DRUG ABUSE OR DEPENDENCE TREATMENT (IET)

### MEETING THE HEDIS MEASURE

The IET measure assesses the percentage of adolescents 13 years of age and older with a new episode of alcohol or other drug (AOD) dependence who received the following:

Two rates are reported.

- **Initiation** of AOD Treatment: Adolescents and adults who initiated treatment through an inpatient AOD admission, outpatient visit, intensive outpatient encounter or partial hospitalization, telehealth or medication-assisted treatment (MAT) within 14 days of diagnosis.
- **Engagement** of AOD Treatment: Adolescents and adults who initiated treatment and had two or more additional AOD services or MAT within 34 days of the initiation visit.

### WHY IS THE MEASURE IMPORTANT?

Over 20 million Americans 13 years of age and over (about 7.5% of the population) were classified as having a substance use disorder (SUD) involving AOD in 2016. Treatment, including MAT, along with counseling or other behavioral therapies, has been shown to reduce AOD-associated morbidity and mortality, improve health, productivity and social outcomes and reduce health care spending.

Less than 20% of individuals with substance use disorders receive treatment despite strong evidence of the effectiveness of treatment.

### TYPES OF VISITS INCLUDED IN THE MEASURE

Inpatient Stay Outpatient Visits	Non-residential opioid treatment Facility
Behavioral Health Outpatient Visit	Community Mental Health Center Visit
Intensive Outpatient Encounter or Partial Hospitalization	Telehealth
Hospitalization	Observation Visit
Psychiatric facility	E-Visit or Virtual Check-In
Non-Residential Substance Abuse Treatment Facility	Telephone Visit
	Online Assessment

### WHAT CAN BE DONE TO HELP MEET THE MEASURE?

**Use** Screening tools to aid in forming a diagnosis.

**Schedule** a follow up appointment prior to the member leaving the office with you or a substance use treatment provider to occur within 14 days and then 2 more visits within the next 34 days.

\*If a member has started Medication Assisted Treatment (MAT) then they only need one MAT follow-up visit in 34 days.

**When** a member is in remission, please remember to remove the original diagnosis and use remission codes:

- Mild (abuse) F10.11 –
- Moderate/severe (dependence) F10.21

**Encourage** the use of telehealth appointments when appropriate.

**Encourage** newly diagnosed individuals to include their family in their treatment.

**Encourage** newly diagnosed individuals to accept treatment by assisting them in identifying their own reasons for change.



## Important Notes

### Test, Service or Procedure to Close Care Opportunity

Episode date is the earliest date of service not resulting in an inpatient stay with a substance use disorder diagnosis between November 15 of the year prior to the measurement year through November 14 of the measurement year.

Initiation of SUD Treatment must take place within 14 days of the episode date.

Claims must include the visit code, original episode diagnosis and, when applicable, a place of service code.

If the episode was an inpatient discharge or an ED (Emergency Department) visit resulting in an inpatient stay, the inpatient stay is considered initiation of treatment and the member is compliant.

Initiation of SUD Treatment through:

Acute or non-acute inpatient stay

Group visits with an appropriate place of service code and diagnosis code

Medication dispensing event

Medication treatment

Online assessment with diagnosis code

Stand-alone visits with an appropriate place of service code and diagnosis code

Telephone visit with diagnosis code

Engagement of SUD treatment is compliant with the initiation treatment AND one of the following between the day after and 34 days after the initiation visit: At least 2 inpatient, outpatient, or medication treatment visits (excluding methadone billed on a pharmacy claim) - A long-acting SUD medication administration event (MAT)

Claims must include the visit code, original episode diagnosis and, when applicable, a place of service code.

For members who initiated treatment through an inpatient admission, the 34-day period for the two engagement visits begins the day after their discharge.

Engagement of SUD Treatment when a member meets the criteria for initiation of treatment and proceeds with two or more of the following:

Acute or non-acute inpatient stay

Group visits with an appropriate place of service code and diagnosis code



Medication dispensing event

Medication treatment


Online assessment with diagnosis code

Stand-alone visits with an appropriate place of service code and diagnosis code

Telephone visit with diagnosis code

 <b>Medications</b>		
Alcohol Use Disorder Treatment Medications		
Description		Prescription
Aldehyde dehydrogenase inhibitor		Disulfiram (oral)
Antagonist		Naltrexone (oral and injectable)
Other		Acamprosate (oral; delayed-release tablet)
 <b>Medications</b>		
Opioid Use Disorder Treatment Medications		
Description		Prescription
Antagonist	Naltrexone (oral)	Naltrexone Oral Medications List
Antagonist	Naltrexone (injectable)	Naltrexone Injection Medications List
Partial Agonist	Buprenorphine (sublingual tablet)	Buprenorphine Oral Medications List
Partial Agonist	Buprenorphine (injectable)	Buprenorphine Injection Medications List
Partial Agonist	Buprenorphine (implant)	Buprenorphine Implant Medications List
Partial Agonist	Buprenorphine/naloxone (sublingual tablet, buccal film, sublingual film)	Buprenorphine/Naloxone Medications List

\*Methadone is not included on the medication lists for this measure. Methadone for opioid use disorder (OUD) administered or dispensed by federally certified opioid treatment programs (OTP) is billed on a medical claim. A pharmacy claim for methadone would be indicative of treatment for pain rather than OUD.



**Required Exclusions:**

Members in hospice or using hospice services

**Timeframe:** Any time during the measurement year

The following scenarios must include a diagnosis of one of the below on the claim:

- Alcohol use disorder
- Opioid use disorder
- Other drug abuse and dependence

The following codes can be used to close HEDIS® numerator gaps in care; they are not intended to be a directive of your billing practice.

<b>CPT® / CPT® II</b>	
Outpatient Visits	90791-92, 90832-34, 90836-40, 90845, 90847, 90849, 90853, 90875-76, 99221-23, 99231-33, 99238-39, 99251-55  Place of Service Code: 03, 05, 07, 09, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 22, 33, 49, 50, 71, 72
Behavioral Health Outpatient Visit	98960-62, 99078, 99201-05, 99211-15, 99241-45, 99341-45, 99347-50, 99381-87, 99391-97, 99401-04, 99411-12, 99483, 99492-94, 99510  Place of Service Code: 52
Intensive Outpatient Encounter or Partial Hospitalization	90791-92, 90832-34, 90836-40, 90845, 90847, 90849, 90853, 90875-76, 99221-23, 99231-33, 99238-39, 99251-55  Place of Service Code: 52
Non-Residential Substance Abuse Treatment Facility	90791-92, 90832-34, 90836-40, 90845, 90847, 90849, 90853, 90875-76, 99221-23, 99231-33, 99238-39, 99251-55  Place of Service Code: 57, 58
Community Mental Health Center Visit	90791-92, 90832-34, 90836-40, 90845, 90847, 90849, 90853, 90875-76, 99221-23, 99231-33, 99238-39, 99251-55  Place of Service Code: 53
Telehealth	90791-92, 90832-34, 90836-40, 90845, 90847, 90849, 90853, 90875-76, 99221-23, 99231-33, 99238-39, 99251-55  Place of Service Code: 02, 10
Observation Visit	99217-20
Substance Use Disorder Services	99408-09
E-Visit or Virtual Check-In	98969-72, 99421-44, 99457
Telephone Visit	98966-68, 99441-43
Online Assessment (e-visit/virtual check-in)	98969-72, 99421-44, 99457, 99458

### Place of Service Codes

<b>Code</b>	<b>Location</b>	<b>Code</b>	<b>Location</b>
02	Telehealth	19	Off-campus outpatient hospital
03	School	20	Urgent care facility
05	Indian Health Service free-standing facility	22	On-campus outpatient hospital
07	Tribal 638 free-standing facility	24	Ambulatory surgical center
09	Prison/Correctional facility	33	Custodial care facility
10	Telehealth	49	Independent clinic
11	Office	50	Federally qualified health center
12	Home	52	Psychiatric facility – partial hospitalization
13	Assisted living facility	53	Community mental health center
14	Group home	57	Non-residential substance abuse treatment facility
15	Mobile unit	58	Non-residential opioid treatment facility
16	Temporary lodging	71	Public health clinic
17	Walk-in retail health clinic	72	Rural health clinic
18	Place of employment – worksite		

## REFERENCES

Initiation and engagement of alcohol and other drug abuse or dependence treatment. NCQA. (2023, February 3). Retrieved March 10, 2023, from [www.ncqa.org/hedis/measures/initiation-and-engagement-of-alcohol-and-other-drug-abuse-or-dependence-treatment/](http://www.ncqa.org/hedis/measures/initiation-and-engagement-of-alcohol-and-other-drug-abuse-or-dependence-treatment/)

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(2016). Cost effectiveness of drug treatment. Retrieved from: [drugabuse.gov/publications/teaching-packets/understanding-drug-abuse-addiction](http://drugabuse.gov/publications/teaching-packets/understanding-drug-abuse-addiction)

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