



FOLLOW UP AFTER HOSPITALIZATION FOR MENTAL ILLNESS (FUH)

MEETING THE HEDIS MEASURE

The FUH measure focuses on members six years of age and older who were hospitalized for treatment of selected mental illness or intentional self-harm diagnoses and who had a follow-up visit with a mental health provider.

Two rates are reported:

- The percentage of discharges for which the member received follow-up within 7 days after discharge (visits that occur on the date of discharge will not count toward compliance).
- The percentage of discharges for which the member received follow-up within 30 days after discharge.

WHY IS THE MEASURE IMPORTANT?

Nearly one in five adults aged 18 and older in the U.S. had a diagnosed mental health disorder in 2019. Individuals often do not receive adequate follow-up care after hospitalization for mental health disorders. Providing follow-up care to members within 7 days of discharge can improve member outcomes, decrease the likelihood of re-hospitalization and the overall cost of outpatient care for psychiatric treatment.

TYPES OF VISITS INCLUDED IN THE MEASURE

Types of Visits That Count

- Behavioral Health Outpatient Visit With a Mental Health Provider
- Intensive Outpatient or Partial Hospitalization
- Outpatient Visit With a Mental Health Provider and With Appropriate Place of Service Code
- Intensive Outpatient Visit or Partial Hospitalization With Appropriate Place of Service Code
- Community Mental Health Center Visit With Appropriate Place of Service Code
- Transitional Care Management Services
- Electroconvulsive Therapy With Appropriate Place of Service Code
- Telehealth **OR** Telephone Visit With a Mental health Provider
- Behavioral Healthcare Setting Visit
- Psychiatric Collaborative Care Management

WHAT CAN BE DONE TO HELP MEET THE MEASURE?

When notified of a member's discharge, proactively outreach to a member to set up a follow-up appointment with a Mental Health Provider within the first 5 days of discharge.

Consider dedicated staff or keep 1-2 open office appointments to help meet member's needs.

Educate your members on the importance of follow-up appointments.

For children and adolescents, engage parents and/or caregivers in the treatment plan.

Reassure your member that they are not alone – an estimated 50% of all Americans are diagnosed with a mental illness or disorder at some point in their lifetime.

Health Information Exchange (HIE) participation to assist with earlier identification of members when they are inpatient.


Identify Barriers for Follow-Up Care

- Transportation
- Interpreter needs
- Incorrect provider name, address, phone number

Consider hosting events to promote building relationships with local hospitals and inpatient facilities to foster communication and care coordination (high risk utilization reviewers, discharge planners, etc.).

Consider offering telehealth visits.


Be more aggressive with tracking high-risk members to ensure their needs are met.



Important Notes

Visits that result in an inpatient stay are not included

Telehealth visits are acceptable to address the care opportunity



Required Exclusions:

- Members in hospice or using hospice services
- Members who died

Timeframe: Any time during the measurement year

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Behavioral Health Outpatient Visits with a Mental Health Provider	98960-62, 99078, 99201-05, 99211-15, 99241-45, 99341-45, 99347-50, 99381-87, 99391-97, 99401-04, 99411-12, 99483, 99492-94, 99510
Intensive Outpatient Visit or Partial Hospitalization	Place of Service Code: 03, 05, 07, 09, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 22, 33, 49, 50, 71, 72
Observation Visit with a Mental health Provider	99217-20 Place of Service Code: 03, 05, 07, 09, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 22, 24, 33, 49, 50, 52, 53, 71, 72
Outpatient Visit with a Mental Health Provider and with Appropriate Place of Service Code Visit Setting Unspecified	90791-92, 90832-34, 90836-40, 90845, 90847, 90849, 90853, 90875-76, 99221-23, 99231-33, 99238-39, 99251-55 Place of Service Code: 03, 05, 07, 09, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 22, 33, 49, 50, 71, 72
Intensive Outpatient Visit or Partial Hospitalization with any Appropriate Place of Service Code	90791-92, 90832-34, 90836-40, 90845, 90847, 90849, 90853, 90875-76, 99221-23, 99231-33, 99238-39, 99251-55 Place of Service Code: 52
Community Mental Health Center Visit with Appropriate Place of Service Code	90791-92, 90832-34, 90836-40, 90845, 90847, 90849, 90853, 90875-76, 99221-23, 99231-33, 99238-39, 99251-55 Place of Service Code: 53
Behavioral Health Visits	98960-62, 99078, 99201-05, 99211-15, 99241-45, 99341-45, 99347-50, 99381-87, 99391-97, 99401-04, 99411-12, 99483, 99492-94, 99510 Place of Service Code: 53
Observation Visit	99217-20 Place of Service Code: 53

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Transitional Care Management Services	99495-96 Place of Service Code: 53
Electroconvulsive Therapy	90870 Place of Service Code: 03, 05, 07, 09, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 24, 33, 49, 50, 52, 53, 71, 72 99495-96
Transitional Care Management Services with a Mental Health Provider	Place of Service Code: 02, 10
Telehealth Visit with a Mental Health Provider	90791-92, 90832-34, 90836 -40, 90845, 90847, 90849, 90853, 90875-76, 99221-23, 99231-33, 99238-39, 99251-55 Place of Service Code: 02, 10
Telephone Visit with a Mental Health Provider	98966-68, 99441-43
Psychiatric Collaborative Care Management	99492-94

Place of Service Codes

Cod e	Location	Cod e	Location
02	Telehealth	18	Place of employment – worksite
03	School	19	Off-campus outpatient hospital
05	Indian Health Service free-standing facility	20	Urgent care facility
07	Tribal 638 free-standing facility	22	On-campus outpatient hospital
09	Prison/Correctional facility	24	Ambulatory surgical center
10	Telehealth	33	Custodial care facility
11	Office	49	Independent clinic
12	Home	50	Federally qualified health center
13	Assisted living facility	52	Psychiatric facility – partial hospitalization
14	Group home	53	Community mental health center
15	Mobile unit	71	Public health clinic
16	Temporary lodging	72	Rural health clinic
17	Walk-in retail health clinic		

REFERENCES

Follow-up after hospitalization for mental illness. NCQA. (2023, February 3). Retrieved March 10, 2023, from www.ncqa.org/hedis/measures/follow-up-after-hospitalization-for-mental-illness/

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