



Aetna Better Health® of Maryland

Notice: Your Benefits Have Changed

Dear Member,

This is an important notice about your Aetna Better Health of Maryland benefits plan. Please read it carefully. Aetna Better Health of Maryland offers extra benefits to help with your health and wellness. Beginning January 1, 2025, the following changes in the benefits include:

Value-Added Benefits

Adult (21+) vision	Annual exam and \$200 toward the cost of prescription glasses or contact lenses.
Disposable diaper program	Members newborn to 24 months can get a monthly supply of disposable diapers.
Android smartphone	Free android smartphone with 1,000 talk minutes, 5GB of data each month and unlimited text messaging for members 18+.
Maternity Matters pregnancy program	Receive \$75 gift card for first prenatal visit in the first trimester. Receive additional \$100 gift card for going to prenatal and postpartum appointments.
Transportation services	Limited rides for required medical appointments only. Maximum of 12 round trips per year.
Feminine hygiene	Female members, ages 10 to 55 years, can request a mail-ordered supply of feminine hygiene products delivered to their home.
After school engagement	Members ages 5 to 18 can get up to \$60 per year for activities at participating YMCA, Boys and Girls Clubs, Boy Scouts or Girl Scouts.
Carpet cleaning	Asthma and chronic obstructive pulmonary disease members receive 2 cleanings per year per household.
School uniforms	Members enrolled in grade 1 to grade 5, who have completed health screening and wellness visits will qualify for three sets of uniforms. Limit \$100 per year.
Ted E Bear MD® Kids Club program	Members ages 2 to 18 can get help with weight management, healthy living education and local youth sports activity fee payments.

Aetna Better Health® of Maryland

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| CampusEd | Members ages 16 and up can get their GED and learn new job skills at no cost. |
| Swimming lessons | Members receive up to \$50 credit for the cost of swimming lessons. |
| MyActive Health | Download the MyActiveHealth application and take health assessments and get health recommendations. Access recipes, health education and other support. |
| Healthy meal kits | Visit healthymeals.aetna.com to receive healthy meal kit ingredients delivered to your home. |
| Over-the-counter supplies | \$15 off over the counter (OTC) health supplies and products shipped to you at no extra cost. Limit \$15 per member per month. |

We are happy to have you as a member of Aetna Better Health. For more information regarding your benefits, please visit our website at www.aetnabetterhealth.com/maryland/whats-covered.html or in your member handbook. To find out how to obtain the extra benefits or If there is anything we can do to assist you, please contact our Member Services department at **1-866-827-2710, (TTY: 711)**.

Sincerely,

Aetna Better Health of Maryland