

## **Aetna Better Health® of Louisiana**

### **Mental Health Rehabilitation (MHR) Billing Guidelines**

Aetna Better Health has compiled a list of best billing practices in an effort to further clarify the Louisiana Department of Health's recent MHR redesign. Below, you will find a list of important definitions, claim filing tips, and reimbursement requirements.

#### **Provider Type Definitions**

**Licensed Mental Health Practitioner:** A Licensed Mental Health Practitioner (LMHP) is an individual who is licensed in the State of Louisiana to diagnose and treat mental illness or substance abuse acting within the scope of all applicable state laws and their professional license. A LMHP includes individuals licensed to practice independently:

- Medical Psychologists
- Licensed Psychologists
- Licensed Clinical Social Workers (LCSWs)
- Licensed Professional Counselors (LPCs)
- Licensed Marriage and Family Therapists (LMFTs)
- Licensed Addiction Counselors (LACs)
- Advanced Practice Registered Nurses (must be a nurse practitioner specialist in Adult Psychiatric & Mental Health, and Family Psychiatric & Mental Health or a Certified Nurse Specialists in Psychosocial, Gerontological Psychiatric Mental Health, Adult Psychiatric and Mental Health, and Child-Adolescent Mental Health and may practice to the extent that services are within the APRN's scope of practice)

#### **Lower Licensed Providers**

- **Provisionally Licensed Professional Counselor** any person by title or description of services incorporating the words "provisional licensed professional counselor" and who, under board-approved supervision (i.e. may not practice independently), renders professional mental health counseling/psychotherapy services denoting a client/counselor relationship in which the licensee assumes the responsibility for knowledge, skill, and ethical consideration needed to assist individuals, groups, organizations, or the general public, and who implies that he/she is provisionally licensed to practice mental health counseling.
- **Provisionally Licensed Marriage and Family Therapist:** — any person by title or description of services incorporating the words "provisional licensed marriage and family therapist" and who, under board-approved supervision (i.e. may not practice independently), renders marriage and family therapy denoting a client-therapist relationship in which the licensee assumes the responsibility for knowledge, skill, and ethical consideration needed to assist individuals, groups, organizations, or the

general public, and who implies that he/she is provisionally licensed to practice marriage and family therapy.

- **Licensed Master Social Worker:** a person holding a masters level degree who is duly licensed to independently practice clinical social work.
- **Certified Social Worker:** a master's level worker approved by the Louisiana Board of Social Work Examiners to practice as a certified social worker, who meets all requirements for the LMSW but is awaiting to sit for the ASWB master's examination approved by the board.
- **Psychology Intern from an APA approved Internship Program**

**Unlicensed Provider:** any unlicensed behavioral health professional who cannot practice independently or without supervision by a LHMP. This includes but is not limited to CACs, RACs and unlicensed addiction counselors, social workers or psychologists.

## Claim Filing Notes

- Only providers who are licensed to perform a CPST in an in-person setting are permitted to provide that service via telehealth.
  - Telehealth services must be billed with modifier 95 and place of service 02 or 10.
- Unlicensed providers, as defined above, cannot perform telehealth services.
- Age modifiers are required for reimbursement. Failure to include an age modifier will cause your claim to deny (age modifiers: child=HA, adult=HB).
- If a non-required modifier is used on a claim, the claim may deny.
- All MHR claims require an individual rendering NPI (box 24 J on CMS 1500).
- Billing a code with more than the allowed number of billable units will cause the code to deny.
- Claims should be submitted on CMS 1500 claim form.



## Code-Specific Guidance

### 96156 – Health Behavior Assessment, or Reassessment (visit, each)

Code Description	Other Required Modifier	Education Level Restrictions	Rendering Provider Type Allowed	Telehealth Eligible?	Age Modifier Required?	Education Modifier Required?	License Level Modifier Required?	Multiple Billable Units Allowed?
Health Behavior Assessment, or Reassessment in CPST office	TG	N/A – Universal Rate	Psychiatrist & LMHP	Yes*	Yes	No	No	No
Health Behavior Assessment, or Reassessment in CPST community	TG, U8	N/A – Universal Rate	Psychiatrist & LMHP	Yes*	Yes	No	No	No
Health Behavior Assessment, or Reassessment, all other locations	N/A	N/A – Rates Vary	Psychiatrist & LMHP**	Yes*	Yes	No	Yes	No

\*Service is payable via telehealth only if provided by LMHP or Medically Licensed providers

\*\*Cannot be performed by APRN/CNS/PA (modifier SA) for patients age 21+

### H0036 – Community Psychiatric Supportive Treatment (15 minutes)

Code Description	Other Required Modifier	Education Level Restriction	Rendering Provider Type Allowed	Telehealth Eligible?	Age Modifier Required?	Education Modifier Required?	License Level Modifier Required?	Multiple Billable Units Allowed?
Community Psychiatric Supportive Treatment in Individual Office	N/A	N/A – Universal Rate	LMHP & Lower Licensed	Yes*	Yes	No	No	Yes
Community Psychiatric Supportive Treatment in Individual Community	U8	N/A – Universal Rate	LMHP & Lower Licensed	Yes*	Yes	No	No	Yes
Community Psychiatric Supportive Treatment in PSH Individual Office	TG	N/A – Universal Rate	LMHP & Lower Licensed	Yes*	Yes	No	No	Yes
Community Psychiatric Supportive Treatment in PSH Community	TG, U8	N/A – Universal Rate	LMHP & Lower Licensed	Yes*	Yes	No	No	Yes

Code Description	Other Required Modifier	Education Level Restriction	Rendering Provider Type Allowed	Telehealth Eligible?	Age Modifier Required?	Education Modifier Required?	License Level Modifier Required?	Multiple Billable Units Allowed?
Community Psychiatric Supportive Treatment, Homebuilders	HK	Minimum Bachelor's Required	LMHP, Lower Licensed, & Unlicensed**	No	Yes	Yes	No	Yes
Community Psychiatric Supportive Treatment, Functional Family Therapy	HE	Minimum Bachelor's Required	LMHP, Lower Licensed, & Unlicensed**	No	Yes	Yes	No	Yes

\* Service is payable via telehealth only if provided by LMHP, Medically Licensed providers, and Lower Licensed providers.

\*\* Requires correct modifier usage

### H2017 – Psychosocial Rehabilitation (15 minutes)

Code Description	Other Required Modifier	Education Level Restriction	Rendering Provider Type Allowed	Telehealth Eligible?	Age Modifier Required?	Education Modifier Required?	License Level Modifier Required?	Multiple Billable Units Allowed?
Psychosocial Rehabilitation in Individual Office	N/A	N/A – Rates Vary	LMHP, Lower Licensed, & Unlicensed *	No	Yes	Yes	No	Yes
Psychosocial Rehabilitation in Individual Community	U8	N/A – Rates Vary	LMHP, Lower Licensed, & Unlicensed*	No	Yes	Yes	No	Yes
Psychosocial Rehabilitation in PSH Individual Office	TG	N/A – Rates Vary	LMHP, Lower Licensed, & Unlicensed*	No	Yes	Yes	No	Yes
Psychosocial Rehabilitation in PSH Individual Community	TG, U8	N/A – Rates Vary	LMHP, Lower Licensed, & Unlicensed*	No	Yes	Yes	No	Yes
Group Office	HQ	N/A – Universal Rate	LMHP, Lower Licensed, & Unlicensed*	No	Yes	No	No	Yes
Group Community	HQ, U8	N/A – Universal Rate	LMHP, Lower Licensed, & Unlicensed*	No	Yes	No	No	Yes

Code Description	Other Required Modifier	Education Level Restriction	Rendering Provider Type Allowed	Telehealth Eligible?	Age Modifier Required?	Education Modifier Required?	License Level Modifier Required?	Multiple Billable Units Allowed?
PSH Group Office	HQ, TG	N/A – Universal Rate	LMHP, Lower Licensed, & Unlicensed*	No	Yes	No	No	Yes
PSH Group Community	HQ, TG, U8	N/A – Universal Rate	LMHP, Lower Licensed, & Unlicensed*	No	Yes	No	No	Yes

\* Any individual rendering PSR services for a licensed and accredited provider agency must meet the following qualifications:

- a. Have a bachelor’s degree from an accredited university or college in the field of counseling, social work, psychology, sociology, rehabilitation services, special education, early childhood education, secondary education, family and consumer sciences, criminal justice, or human growth and development; or
- b. Have a bachelor’s degree from an accredited university or college with a minor in counseling, social work, sociology, or psychology; or
- c. Be twenty-one (21) years of age or older as of January 1, 2022, have a high school diploma or equivalency, and have been continuously employed by a licensed and accredited agency providing PSR services since prior to January 1, 2019.