

Aetna Better Health® of Kansas
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Aetna Better Health® of Kansas

Clinical Payment, Coding and Policy Changes

We regularly augment our clinical, payment and coding policy positions as part of our ongoing policy review processes. To keep our providers informed, please see the below communication of upcoming new policies.

Effective for dates of service beginning April 1, 2021:

Polysomnography and Sleep Studies

Polysomnography is defined as "a sleep test involving the continuous, simultaneous, recording of physiological parameters for a period of at least 6 hours that is performed in a sleep laboratory and attended by a technologist or qualified health care professional."

According to CMS policy, a comprehensive sleep evaluation should be performed within a year prior to performing the polysomnography to determine if the polysomnography services are warranted. Therefore, the polysomnography service (95782, 95783, 95808, 95810, 95811) will be denied when a face-to-face Evaluation and Management service (E/M) has not been billed for the same date of service or in the previous year.