



Aetna Better Health[®] of Kansas

HEDIS[®] News you can use



Initiation and Engagement of Alcohol and Other Drug Use or Dependence Treatment (IET)

Measure description:

The percentage of adolescent and adult members (13 years and older) with a new episode of alcohol or other drug (AOD) use or dependence who received the following:

- **Initiation of AOD Treatment.** The percentage of members who initiate treatment through an inpatient AOD admission, outpatient visit, intensive outpatient encounter or partial hospitalization, telehealth, or medication treatment within 14 days of the diagnosis.
- **Engagement of AOD Treatment.** The percentage of members who initiated treatment and who were engaged in ongoing AOD treatment within 34 days of the initiation visit.

Coding requirements:

To capture Initiation of AOD treatment within 14 days of the Index Episode Start Date (IESD), a code from table one accompanying a code from table two can be used:

Code Class	Codes	Description
ICD-10	F11.10; F11.120; F11.121; F11.122; F11.129	Opioid use and dependence
ICD-10	F12.10; F12.120; F12.121; F12.122; F12.129	Other drug use and dependence
ICD-10	F10.10; F10.120; F10.121; F10.14; F10.150	Alcohol use and dependence

To capture Engagement of AOD treatment for the 34 days following the date the treatment began, a code from table one accompanying a code from table two can be used:

Code Class	Codes	Description
ICD-10	F11.10; F11.120; F11.121; F11.122; F11.129	Opioid use and dependence
ICD-10	F12.10; F12.120; F12.121; F12.122; F12.129	Other drug use and dependence
ICD-10	F10.10; F10.120; F10.121; F10.14; F10.150	Alcohol use and dependence
Code Class	Codes	Description
CPT	98966-98968; 99411-99443	Telephone visits
CPT	98969-98972; 99421-99423; 99444; 99458	Online assessments
CPT	98960-98962; 99201-99205; 99211-99215	IET stand alone visits



Best Practices

- Treatment plans should be monitored and adapted to fit the patient's changing needs.
- Determine the patient's risk level and refer them to an AOD treatment service that will address all their needs.
- Utilize the trauma-informed approach and address all six principles, which are:
 - Safety
 - Peer support
 - Collaboration and mutuality
 - Trustworthiness and transparency
 - Empowerment, voice, and choice
 - Cultural, historical, and gender issues
- Make sure that the member has appointments scheduled: one initiation visit within 14 days of the new episode of SUD use or dependence and other engagement visits within 34 days of the initiation visit.
- Identify and address any barriers to member keeping appointment.
- Provide reminder calls to confirm appointment.
- Care should be coordinated between providers and begin when the SUD diagnosis is made. Encourage communication between the behavioral health providers and Primary Care Physician (PCP).
- Transitions in care should be coordinated between providers. Ensure that the care transition plans are shared with the PCP.
- Instruct on crisis intervention options.
- Provide timely submission of claims with correct service coding and principal diagnosis.

Patients trust you - Patients consider you their most trusted source of information when it comes to their health. When talking to patients, encourage and allow time for questions.

Thank you for the care you provide to our members

For questions or for more information, please contact Quality Management Department at **ABHKS_QM_Operations@aetna.com**