



Social Determinants of Health (SDoH)

Health and wellness involve many factors, such as where a person is born, grows, lives and works. Social determinants of health (SDoH) describe social problems, conditions or risk factors that may influence a patient's health.

SDoH data helps create a whole-person approach to health care — giving us a clearer picture of our members' needs so we can connect them to resources. It helps us coordinate efforts while supporting health equity and improving quality.

Aetna Better Health® of Illinois encourages providers to use the appropriate ICD-10-CM Z codes to document SDoH in the medical record. See page 2 for Z codes related to SDoH.

Helpful resources



Centers for Medicare & Medicaid Services

American Hospital Association

[AetnaBetterHealth.com/Illinois-Medicaid/Providers](https://www.aetna.com/better-health/illinois-medicaid/providers)

You can help

Educate your care team about the importance of documenting SDoH data. Any clinician can document a patient's social needs — physicians, nurses, social workers, navigators, case managers and other care team members.

Ask your patients at each visit about SDoH factors affecting them.

Use Z codes to document SDOH in the health record. They can be part of the patient's history, problem or diagnosis list or in the provider's notes.

Include SDoH codes on claims you submit to our health plan.



Aetna Better Health® of Illinois

Problems related to education and literacy: Z55

Z55.0	Illiteracy and low-level literacy
Z55.1	Schooling unavailable and unattainable
Z55.2	Failed school examinations
Z55.3	Underachievement in school
Z55.4	Educational maladjustment and discord with teachers and classmates
Z55.8	Other problems related to education and literacy
Z55.9	Problems related to education and literacy, unspecified

Problems related to employment and unemployment: Z56

Z56.0	Unemployment, unspecified
Z56.1	Change of job
Z56.2	Threat of job loss
Z56.4	Discord with boss and workmates
Z56.5	Uncongenial work environment
Z56.6	Other physical and mental strain related to work
Z56.89	Other problems related to employment
Z56.9	Unspecified problems related to employment

Occupational exposure to risk factors: Z57

Z57.0	Occupational exposure to noise
Z57.2	Occupational exposure to dust
Z57.31	Occupational exposure to environmental tobacco smoke
Z57.39	Occupational exposure to other air contaminants
Z57.4	Occupational exposure to toxic agents in agriculture
Z57.5	Occupational exposure to toxic agents in other industries
Z57.8	Occupational exposure to other risk factors
Z57.9	Occupational exposure to unspecified risk factor

Problems related to housing and economic circumstances: Z59

Z59.0	Homelessness
Z59.1	Inadequate housing
Z59.2	Discord with neighbors, lodgers and landlord
Z59.3	Problems related to living in residential institution
Z59.4	Lack of adequate food and safe drinking water
Z59.5	Extreme poverty
Z59.6	Low income
Z59.7	Insufficient social insurance and welfare support
Z59.8	Other problems related to housing and economic circumstances
Z59.9	Problem related to housing and economic circumstances, unspecified

Problems related to social environment: Z60

Z60.0	Problems of adjustment to life-cycle transitions
Z60.2	Problems related to living alone
Z60.3	Acculturation difficulty
Z60.4	Social exclusion and rejection
Z60.5	Target of (perceived) adverse discrimination and persecution
Z60.8	Other problems related to social environment
Z60.9	Problems related to social environment, unspecified

Problems related to upbringing: Z62

Z62.0	Inadequate parental supervision and control
Z62.1	Parental overprotection
Z62.2	Upbringing away from parents
Z62.21	Child in welfare custody
Z62.22	Institutional upbringing
Z62.3	Hostility towards and scapegoating of child
Z62.6	Inappropriate (excessive) parental pressure
Z62.810	Personal history of physical and sexual abuse in childhood
Z62.811	Personal history of psychological abuse in childhood
Z62.812	Personal history of neglect in childhood
Z62.819	Personal history of unspecified abuse in childhood
Z62.82	Parent-child conflict
Z62.822	Parent-foster child conflict
Z62.891	Sibling rivalry
Z62.898	Other specified problems related to upbringing

Other problems related to primary support group, including family circumstances: Z63

Z63.0	Problems in relationship with spouse or partner
Z63.3	Absence of family member
Z63.4	Disappearance and death of family member
Z63.5	Disruption of family by separation and divorce
Z63.6	Dependent relative needing care at home
Z63.7	Other stressful life events affecting family and household
Z63.72	Alcoholism and drug addiction in family
Z63.8	Other specified problems related to primary support group

Problems related to certain psychosocial circumstances: Z64

Z64.0	Problems related to unwanted pregnancy
Z64.1	Problems related to multiparity
Z64.4	Discord with counselors

Problems related to other psychosocial circumstances: Z65

Z65.0	Conviction in civil and criminal proceedings without imprisonment
Z65.1	Imprisonment and other incarceration
Z65.2	Problems related to release from prison
Z65.3	Problems related to other legal circumstances
Z65.4	Victim of crime and terrorism
Z65.5	Exposure to disaster, war and other hostilities
Z65.8	Other specified problems related to psychosocial circumstances

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